

ADJUSTMENT AND GROWTH

PSYCHOLOGY AND THE CHALLENGES OF LIFE

SPENCER A. RATHUS | JEFFREY S. NEVID

FIFTEENTH EDITION



WILEY

Psychology And The Challenges Of Life 10th Edition

Jeffrey S. Nevid



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illustrates how psychology provides the basis for meeting many of the challenges of contemporary life The text s integrated emphasis on diversity promotes a more inclusive view of personal adjustment Coverage of diversity issues throughout provides reasons why psychologists study human diversity and relates those reasons to issues of personal adjustment

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