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Psychologie Au Bureau Les Miniguides Ecolibris

Boris Von Der Linde



Psychologie Au Bureau Les Miniguides Ecolibris:

Psychologie au bureau Boris Von Der Linde, 2010-01-20 Les m dias s en font l cho quasi quotidiennement la vie professionnelle est parfois la source d une intense souffrance psychique qui peut mener aux pires extr mit s Mises en cause dans de nombreux cas les relations de travail Compliqu es insatisfaisantes parfois inexistantes elles sont sources de stress et de d motivation au point de paralyser les hommes et les entreprises Dans ce MiniGuide les auteurs passent en revue les diff rentes composantes des relations professionnelles soi les autres la hi rarchie et le management les conflits etc afin de d crypter l univers professionnel et ses dangers Ils s appuient sur des travaux et des recherches en psychologie r cents pour fournir au lecteur des outils de compr hension et aussi des strat gies concr tes pour am liorer ses relations avec les autres et sa satisfaction au travail Le lecteur pourra notamment Am liorer sa connaissance et son estime de soi D velopper son intelligence sociale Percevoir et valuer les autres G rer les perturbations dans la conduite du management Venir bout des situations professionnelles difficiles qui vont de la manipulation jusqu au harc lement moral Dans cet ouvrage les auteurs mettent galement en vidence l int r t des comp tences douces soft skills dans l univers du travail empathie capacit de persuasion aptitude communiquer travailler en quipe sont des atouts indispensables aujourd hui pour vivre bien dans l entreprise et bien g rer ses relations de travail A propos des auteurs Boris von der Linde psychologue et Svea Steinweg psychologue du travail s int ressent un aspect minemment complexe de la vie professionnelle les relations de travail et leurs al as Un livre publi par Ixelles ditions Retrouvez nous sur www.ixelles-editions.com email contact ixelles-editions.com

Livres de France ,2010 Includes 1982 1995 Les Livres du mois also published separately **Livres hebdo** ,2010

Psychologie au bureau Boris von der Linde, Svea Steinweg, 2010-01-20 La vie professionnelle est parfois la source d une intense souffrance psychique qui peut dans certains cas mener aux pires extr mit s Mises en cause la plupart du temps les relations de travail Compliqu es insatisfaisantes elles sont sources de stress et de d motivation au point de paralyser les hommes et les entreprises Dans ce MiniGuide les auteurs passent en revue les composantes des relations professionnelles soi les autres la hi rarchie afin de d crypter le monde du travail et ses dangers Ils s appuient sur des recherches en psychologie pour fournir des outils de compr hension et aussi des strat gies concr tes pour mieux vivre ses relations de travail Les enjeux de ce livre d velopper son intelligence sociale percevoir et valuer les autres r soudre les conflits g rer les luttes de pouvoir venir bout des situations difficiles qui vont de la manipulation jusqu au harc lement moral Un ouvrage indispensable pour mieux conna tre et moins subir les ressorts psychologiques des relations professionnelles

Psychologie Au Bureau Les Miniguides Ecolibris Book Review: Unveiling the Power of Words

In a global driven by information and connectivity, the energy of words has be much more evident than ever. They have the capability to inspire, provoke, and ignite change. Such could be the essence of the book **Psychologie Au Bureau Les Miniguides Ecolibris**, a literary masterpiece that delves deep to the significance of words and their affect our lives. Compiled by a renowned author, this captivating work takes readers on a transformative journey, unraveling the secrets and potential behind every word. In this review, we shall explore the book is key themes, examine its writing style, and analyze its overall affect readers.

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