# DR. SEBI ECZEMA

# **Treatment Manual**

The Herbalist Guide and Natural Method to Enable Individuals to Defeat and Erase Genital Eczema Manifesting Dr. Sebi Alkaline Diet, Approved Herbs and Diet and Recipes



**Rahel Elias** 

# **Rectal Eczema Manual Guide**

**Michael Brown** 



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web 140g plain flour 100g soft fresh white breadcrumbs 100g light muscovado sugar crumbled if it looks lumpy 3 large eggs 2 tbsp brandy or cognac plus extra to light the pudding 250g packet butter taken straight from the fridge for the brandy and ginger butter 175g unsalted butter softened grated zest of half an orange 5 tbsp icing sugar

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web ingredients yields 8 10 servings metric cups 150 grams currants 150 grams sultanas 150 grams roughly chopped prunes 175 millilitres pedro ximenez sherry 100 grams plain flour 125 grams fresh breadcrumbs 150 grams suet 150 grams dark brown muscovado sugar 1 teaspoon ground cinnamon ¼ teaspoon ground cloves

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