

SOAP Note for Occupational Therapy Template

Client Information

John	Sample
First Name	Last Name
10/15/1965	11/22/2022
Date of Birth	Date

Subjective

John is a 55-year-old farmer who lives rurally with his wife and sons.

John injured the palm of his left-hand four months ago operating farm machinery and underwent emergency surgery that night on the damaged tendons in his hand.

He no longer uses a brace and is seeking occupational therapy to assist with driving, preparing food and dexterity.

Objective

Mild tenderness upon palpation of left palm.

Grip strength 44 lbs.

Scar appears well healed with callouses around surgical site.

Assessment

John is ready to begin targeted exercises to aid in his driving ability, particularly handling a steering wheel, and dexterity.

Plan

Provided resistive grip and pinch exercises x3 with visual guide for completion.

Weekly sessions and review of frequency in one month.

Signature

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M Planty



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