

2-2. TIGHTENING TORQUE

Location	Size	Tightening torque kg-m (ft-lbs)
Engine body		
Main bearing cap bolt	M14 × 1.5	16.5 – 17.5 (119.4 – 126.6)
Connecting rod bolt/nut	M11 × 1.25	Ⓐ 3.9 – 4.1 (28.2 – 29.7) Ⓑ 40 – 45°
Flywheel bolt	M14 × 1.5	15 – 17 (109 – 123)
Crank pulley bolt	M16 × 1.5	16 – 17 (116 – 123)
Oil strainer mounting bolt	M8 × 1.25	1.6 – 1.9 (11.6 – 13.7)
Rear oil seal retainer mounting bolt	M8 × 1.25	1.6 – 2.1 (11.6 – 15.2)
Oil pump mounting bolt	M8 × 1.25	1.6 – 2.1 (11.6 – 15.2)
Water pump mounting bolt	M8 × 1.25	1.6 – 2.1 (11.6 – 15.2)
Cam sprocket mounting bolt	M12 × 1.25	13.5 – 14.5 (97.7 – 104.9)
Rocker shaft bolt	M8 × 1.25	1.6 – 1.9 (11.6 – 13.7)
Rocker cover bolt	M6 × 1.0	0.1 – 0.3 (0.7 – 2.2)
Oil pump mounting nut	M8 × 1.0	1.6 – 2.1 (11.6 – 15.2)
Chain guide bolt	M6 × 1.0	0.64 – 0.85 (4.63 – 6.15)
Front cover bolt	M8 × 1.25	1.6 – 2.1 (11.6 – 15.2)
Blow-by control valve	PT ³ /4-19	2.0 – 3.0 (14.5 – 21.7)
Oil pan drain plug	M12 × 1.25	3.0 – 4.0 (21.7 – 28.9)
Oil pan mounting bolt/nut	M6 × 1.0	0.64 – 0.85 (4.63 – 6.15)
Oil filter stud	M18 × 1.5	3.0 – 4.0 (21.7 – 28.9)
Cylinder head bolt	M10 × 1.5	Ⓐ 3 (21.7) Ⓑ 6.3±0.5 (45.6±3.6) Ⓒ 0 (loosen) Ⓓ 3 (21.7) Ⓔ 69 – 74°
Blind cover (oil work bolt)	M8 × 1.25	2.1 – 2.7 (15.2 – 19.5)
Oil filter	—	1.5 – 2.1 (10.9 – 15.2)
Valve rocker adjust nut	M8 × 1.0	1.6 – 2.2 (11.6 – 15.9)
Intake and exhaust valve system		
Intake manifold mounting bolt and nut	M8 × 1.25	1.6 – 1.9 (11.6 – 13.7)
Exhaust manifold mounting bolt and nut	M11 × 1.25	2.8 – 3.2 (20.3 – 23.1)
Carburetor mounting bolt	M8 × 1.25	1.6 – 2.1 (11.6 – 15.2)
Sensor and others		
Spark plug	M14 × 1.25	2.0 – 3.0 (14.5 – 21.7)
Distributor mounting bolt	M8 × 1.25	0.95 – 1.1 (6.87 – 7.96)
Water outlet mounting bolt	M8 × 1.25	2.1 – 2.7 (15.2 – 19.5)
Water inlet mounting bolt	M8 × 1.25	2.1 – 2.7 (15.2 – 19.5)
Alternator adjust bar mounting bolt	M8 × 1.25	1.6 – 1.9 (11.6 – 13.7)
Alternator bracket mounting bolt	M10 × 1.5	3.1 – 3.7 (22.4 – 26.8)
Starter motor mounting bolt	M10 × 1.5	4.0 – 4.5 (28.9 – 32.6)

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web feb 22 2016 il massaggio ayurvedico consiste in un trattamento di massaggio mediamente dolce che favorisce la circolazione sanguigna e dei fluidi vitali fonte di mantenimento del corpo e la mente in corretta salute