

Component	1-week		1-month		Paired	
	Post-hospitalization		Post-hospitalization			
	M	SD	M	SD		
Subjective sleep quality	2.05	0.95	1.38	0.96	5.52	< .001
Sleep latency	1.90	1.16	1.43	1.19	3.93	< .001
Sleep duration	1.74	1.27	1.14	1.14	5.55	< .001
Sleep efficiency	2.07	1.15	1.67	1.13	3.54	< .001
Sleep disturbance	1.44	0.56	1.18	0.42	4.25	< .001
Daytime dysfunction	2.36	0.90	1.64	0.90	6.23	< .001
Sleep medication use	0.92	1.36	0.66	1.11	2.37	.02
Global PSQI score	12.39	5.26	9.09	5.12	6.39	< .001

PSQI: Pittsburgh Sleep Quality Index; M: mean; SD: standard deviation.

New Psqi Scoring Table

**Antonio Hernández-Mendo, Jose María
Carames Tejedor, M. Teresa
Anguera, Verónica Morales-Sánchez**

New Psqi Scoring Table:

New Psqi Scoring Table Book Review: Unveiling the Magic of Language

In a digital era where connections and knowledge reign supreme, the enchanting power of language has are more apparent than ever. Its capability to stir emotions, provoke thought, and instigate transformation is truly remarkable. This extraordinary book, aptly titled "**New Psqi Scoring Table**," published by a highly acclaimed author, immerses readers in a captivating exploration of the significance of language and its profound affect our existence. Throughout this critique, we shall delve into the book is central themes, evaluate its unique writing style, and assess its overall influence on its readership.

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