# 2013 NFHS Volleyball Exam/Rule Reference

- 1. Which of the following may attend the captains' meeting before the deciding set?
  - A. Home team captain only.
  - B. Last server for each team.
  - C. Liberos only.
  - D. Multiple team captains from each team.

#### \* 1-6-2 thru 3, 5-4-4d

- At the beginning of each set, the coach of each team shall submit:
  - A. A written lineup listing the uniform numbers in serving order.
  - B. A court diagram with players.
  - C. A written lineup and court diagram with players in floor position.
  - D. None are correct.

#### \* 7-1-2, 7-1-4

When a team commits a fault, the result is a loss of rally and the opponent shall receive a point.

#### \*1-3-1

- If a team has fewer than six eligible players after the start of the match:
  - A. The set must be forfeited.
  - B. A loss of rally/point is awarded when the vacant position rotates to right back.
  - C. The captain must serve for the vacant position.
  - D. The opposing team must play with the same number of players.

### \* 1-3-3, 6-4-5, 8-1-4

During the set, the second referee shall verify and confirm to the first referee that the 24th point has been scored (14th point in a deciding set).

#### \* 5-5-35(17)

- The second referee has the responsibility to:
  - A. Be in uniform onsite at least 30 minutes before the starting time.
  - B. Review specific duties with the scorer, timer and libero tracker.
  - C. Assist the first referee in prematch duties.
- D. All are correct.

#### \* 5-5-1a-c

- The second referee:
  - A. Must record both teams in starting floor position on his/her lineup card.
  - B. No longer has to use a lineup card.
  - C. Has the option to record both teams' starting positions on their lineup cards.
  - D. Must use the original coaches' copy of written lineup as a lineup card.

#### \* 5-5-1 NOTE

- 8. At the moment of the serve, the second referee should stand:
  - A. On the serving team's side.
  - B. Leaning against the net standard.
  - C. Away from the net on the side of the receiving team.
  - D. In front of the net standard, closest to the court.

#### "S-S-2"

- The scorer must receive each team's roster no later than:
  - A. Two minutes before the match.
  - B. Five minutes before the match.
  - C. Ten minutes prior to the end of prematch warmup.
  - D. At the official's request.

#### 15-6-1b, 7-1-1a

The scorer shall record in the Comments section of the scoresheet when a player is removed from the set under concussion. management.

## \*5-6-34

During the match, one of the responsibilities of the line judge is to indicate when the ball touches the antenna.

# Nfhs 2013 Volleyball Exam

**Sebastian Brünink** 

## **Nfhs 2013 Volleyball Exam:**

Best Practice for Youth Sport Robin S. Vealey, Melissa A. Chase, 2016-01-08 Although the physical and psychological benefits of youth participating in sport are evident the increasing professionalization and specialization of youth sport primarily by coaches and parents are changing the culture of youth sport and causing it to erode the ideal mantra It s all about the kids In Best Practice for Youth Sport readers will gain an appreciation of an array of issues regarding youth sport This research based text is presented in a practical manner with examples from current events that foster readers interest and class discussion The content is based on the principle of developmentally appropriate practice DAP which can be defined as engaging in decisions behaviors and policies that meet the physical psychological and social needs of children and youth based on their ages and maturational levels This groundbreaking resource covers a breadth of topics including bone development burnout gender and racial stereotypes injuries motor behavior and parental pressures Written by Robin S Vealey and Melissa A Chase the 16 chapters of Best Practice for Youth Sport are divided into four parts Part I Youth Sport Basics provides readers with the fundamental knowledge and background related to the history evolution and organization of youth sport Part II Maturation and Readiness for Youth Sport Participants is the core of understanding how and why youth sport is different from adult sport. This part details why it is important to know when youth are ready to learn and compete Part III Intensity of Participation in Youth Sport examines the appropriateness of physical and psychological intensity at various developmental stages and the potential ramifications of overtraining overspecialization overstress and overuse The text concludes with part IV Social Considerations in Youth Sport which examines how youth sport coaches and parents can help create a supportive social environment so that children can maximize the enjoyment and benefits from youth sport In addition to 14 appendixes activities glossaries study questions and other resources that appear in Best Practice for Youth Sport the textbook is enhanced with instructor ancillaries a test package image bank and instructor guide that features a syllabus additional study questions and learning activities tips on teaching difficult concepts and additional readings and resources These specialized resources ensure that instructors will be ready for each class session with engaging materials Ancillaries are free to course adopters and available at www HumanKinetics com BestPracticeForYouthSport Best Practice for Youth Sport provides readers with knowledge of sport science concerning youth sport and engages them through the use of anecdotes activities case studies and practical strategies Armed with the knowledge from this text students coaches parents administrators and others will be able to become active agents of social change in structuring and enhancing youth sport programs to meet the unique developmental needs of children making the programs athlete centered rather than adult centered so that they truly are all about the kids NFHS Volleyball Rules Book National Federation of State High School Associations, Volleyball Fundamentals, 2E Dearing, Joel, 2018 Learn to master essential volleyball skills such as serving receiving setting attacking blocking and digging With this book s coverage of scoring systems rules rotations and

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