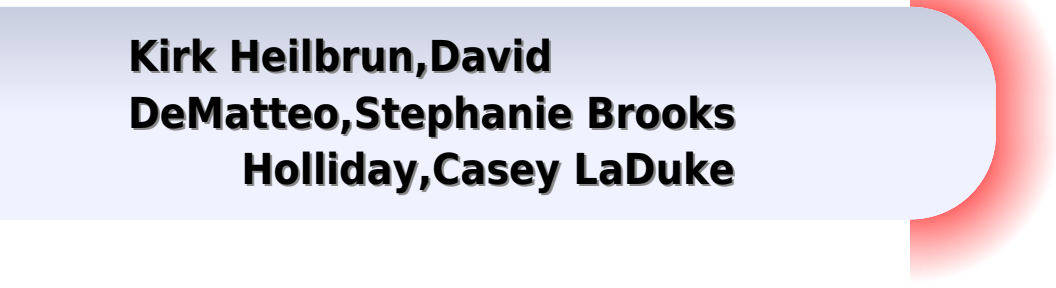


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and Neck Cancer Philip C. Doyle, 2019-03-21 Malignancies involving structures of the head and neck frequently impact the most fundamental aspects of human existence namely those functions related to voice and speech production eating and swallowing Abnormalities in voice production and in some instances its complete loss are common following treatment for laryngeal voice box cancer Similarly speech eating and swallowing may be dramatically disrupted in those where oral structures e g the tongue jaw hard palate pharynx etc are surgically ablated to eliminate the cancer Consequently the range and degree of deficits that may be experienced secondary to the treatment of head and neck cancer HNCa are often substantial This need is further reinforced by the Centers for Disease Control and Prevention who have estimated that the number of individuals who will be newly diagnosed with HNCa will now double every 10 years This estimate becomes even more critical given that an increasing number of those who are newly diagnosed will be younger and will experience the possibility of long term survival post treatment Contemporary rehabilitation efforts for those treated for HNCa increasingly demand that clinicians actively consider and address multiple issues Beyond the obvious concerns specific to any type of cancer i e the desire for curative treatment clinical efforts that address physical psychological communicative and social consequences secondary to HNCa treatment are essential components of all effective rehabilitation programs Comprehensive HNCa rehabilitation ultimately seeks to restore multiple areas of functioning in the context of the disabling effects of treatment In this regard rehabilitation often focuses on restoration of function while reducing the impact of residual treatment related deficits on the individual s overall functioning well being quality of life QOL and ultimately optimize survivorship Regardless of the treatment method s pursued for HNCa e g surgery radiotherapy chemoradiation or combined methods additional problems beyond those associated with voice speech eating and swallowing frequently exist For example post treatment changes in areas such as breathing maintaining nutrition limitations in physical capacity because surgical reconstruction such as deficits in shoulder functioning concerns specific to cosmetic alterations and associated disfigurement and deficits in body image are common Those treated for HNCa also may experience significant pain depression stigma and subsequent social isolation Concerns of this type have led clinicians and researchers to describe HNCa as the most emotionally traumatic form of cancer It is therefore essential that clinicians charged with the care and rehabilitation of those treated for HNCa actively seek to identify acknowledge and systematically address a range of physical psychological social and communication problems Efforts that systematically consider this range of post treatment sequelae are seen as critical to any effort directed toward enhanced rehabilitation outcomes Actively and purposefully addressing post treatment challenges may increase the likelihood of both short and long term rehabilitation success in this challenging clinical population Current information suggests that successful clinical outcomes for those with HNCa are more likely to be realized when highly structured yet flexible interdisciplinary programs of care are pursued Yet contemporary educational resources that focus not only on management of voice speech eating and swallowing disorders but also address issues such as shoulder dysfunction

due to neck dissection the significant potential for cosmetic alterations can offer a much broader perspective on rehabilitation Contemporary surgical treatment frequently involves reconstruction with extensive procedures that require donor sites that include both soft tissue from a variety of locations e g forearm thigh etc as well as bone e g the scapula Collectively resources that address these issues and many other concerns and the resultant social implications of HNCa and its treatment can serve to establish a comprehensive framework for clinical care Consequently providing a highly specialized and comprehensive educational resource specific to HNCa rehabilitation is currently needed The proposed edited book is designed to address this void in a single authoritative resource that is also accessible to the clinical readership Integral to this proposed book is information that guides clinical approaches to HNCa rehabilitation in addition to offering emphasis on the direct impact of changes in voice speech and swallowing and the impact of such losses on outcomes Finally while several other published sources currently exist see attached list the emphasis of these books is directed either toward the identification and diagnosis of malignant disease clinical and surgical pathology associated efforts directed toward biomedical aspects of cancer and its treatment or those with a focus on a single clinical problem or approach to rehabilitation Therefore the content of the proposed multi chapter text centers on delivering a systematically structured comprehensive and clinically oriented presentation on a range of topics that will provide readers at a variety of levels with a strong well integrated and empirically driven foundation to optimize the clinical care of those with HNCa The primary audience for this textbook is undergraduate and graduate level students in Speech Language Pathology as well as practitioners especially hospital based practitioners in Speech Language Pathology other key audiences include junior and senior level otolaryngology residents and fellows translational researchers in head and neck cancer related medical specialists e g radiation oncology oncology nurses and potentially other rehabilitation professionals such as occupational therapists counseling psychologists social workers and rehabilitation counselors

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