

1	Doctor	Dialogue Hello, Juliana. How are you feeling today?	Interpretation Hola, Juliana. ¿Cómo se siente hoy?
	Patient	Hola, doctor. He estado mejor. Llevo dos semanas con problemas de los senos paranasales.	Hi, doctor. I've been better. I've had sinus problems for two weeks.
2	Doctor	I'm sorry to hear that. Can you tell me more about your symptoms?	Cuánto lo siento. ¿Puede decirme más acerca de sus síntomas?
	Patient	Por supuesto. La congestión va y viene a lo largo del día. A veces me despierto sangrando por la nariz. He tenido unos dolores de cabeza terribles.	Sure. I have congestion on and off throughout the day. Sometimes I wake up with a bloody nose. And I've been getting terrible headaches.
3	Doctor	How often do you experience headaches?	¿Con qué frecuencia ha estado experimentado dolores de cabeza?
	Patient	Por lo menos una vez al día. A veces el dolor se centra en el área de los senos paranasales, y entonces me duele toda la cara. Eso realmente está afectando mi capacidad para trabajar.	At least once a day. Sometimes the headache is focused around my sinus area, and then my whole face hurts. It's really affecting my ability to work.
4	Doctor	That sounds miserable, Juliana. Have you been taking any over-the-counter medication to treat the congestion or the headaches?	Eso suena terrible, Juliana. ¿Ha tomado algún medicamento sin receta medica para tratar la congestión o los dolores de cabeza?
	Patient	Bueno, es que eso es parte del problema. Estaba usando un descongestionante nasal de venta libre, pero en el envase decía que no lo usara más de cinco días. Así que tuve que dejarlo.	Well, that's part of the problem. I was taking an over-the-counter nasal decongestant, but the package said not to use it for more than five days. So, I had to stop.
5	Doctor	Yes, most of the decongestants come with that warning. They can worsen congestion if used too long.	Sí, la mayoría de los descongestionantes incluyen esa advertencia. La congestión puede empeorar si se usan por demasiado tiempo.
	Patient	Exacto. Así que ahora tomo ibuprofeno para los dolores de cabeza, pero sigo teniendo dificultades para acabar el día de trabajo.	Right. So now I just use ibuprofen for the headaches, but I still have a hard time getting through the work day.
6	Doctor	It sounds like you're dealing with a sinus infection. I'll check your nose and throat to be sure. Would you be open to taking a prescription antibiotic for 7 days?	Me parece que está lidiando con una infección sinusal. Voy a revisarle la nariz y la garganta para estar seguros. ¿Estaría dispuesta tomar una receta de antibióticos por 7 días?
	Patient	No tengo ningún problema. Tomaré cualquier cosa que me haga volver a la normalidad.	I have no problem with that. I'll take anything that'll get me back to normal.

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