

**Psychotherapy DAP Note**  
**Psychiatric Social Worker**

Date of Exam: 4/28/2012

Time of Exam: 9:00:56 AM

Patient Name: Conner, Andrea

Patient Number: 1000010644560 Improvement is occurring. "My social life now revolves around exercise instead of drinking with my friends."

Problem Pertinent Review of Symptoms: Feelings of anxiety are denied. Andrea denies experiencing dysphoric moods. Sleep disturbance is not reported. Andrea describes rare substance cravings. She denies the temptation to use. Andrea denies use. Andrea reports that she has been regularly attending AA meetings. A sample for urine drug screening was obtained. She has maintained sobriety. Impulsive behaviors are not reported. Content of Therapy: The patient's substance abuse problems were the main issue this session. Feelings of shame were also expressed.

Therapeutic Interventions: The focus of today's session was on helping the patient increase insight and understanding. The main therapeutic techniques used involved the exploration of the patterns of certain behaviors. Therapeutic efforts also included aiding the patient in identifying the precipitants of unproductive feelings and behaviors. . The importance of abstinence was also reviewed.

MENTAL STATUS: Andrea is alert, attentive, casually groomed, and relaxed. She exhibits speech that is normal in rate, volume, and articulation and is coherent and spontaneous. Language skills are intact. Mood is entirely normal with no signs of depression or mood elevation. Affect is appropriate, full range, and congruent with mood. Insight into illness is normal. Social judgment is intact. Signs of chemical withdrawal are exhibited by Andrea. Mild signs of anxiety which appear to be secondary to withdrawal are present.

DIAGNOSES: The following Diagnoses are based on currently available information and may change as additional information becomes available.

Axis I: Alcohol Abuse, 305.00 (Active)

INSTRUCTIONS / RECOMMENDATIONS / PLAN: Link to Treatment Plan Problem: Substance Abuse Short Term Goals: Andrea will make plans for a recreation activity that does not involve alcohol or drugs, within one week.

Target Date: 4/29/2012 ----- Excellent progress in reaching these goals and resolving problems seemed evident today. Recommend that the interventions and short term goals for this problem be re-written at the next Treatment Team meeting.  
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# Sample Case Note Substance Abuse

**Tobias Bleicker**



## **Sample Case Note Substance Abuse:**

## Unveiling the Energy of Verbal Art: An Mental Sojourn through **Sample Case Note Substance Abuse**

In some sort of inundated with displays and the cacophony of quick interaction, the profound power and emotional resonance of verbal artistry often fade into obscurity, eclipsed by the constant assault of sound and distractions. Yet, nestled within the musical pages of **Sample Case Note Substance Abuse**, a fascinating work of fictional elegance that impulses with organic emotions, lies an unique journey waiting to be embarked upon. Composed with a virtuoso wordsmith, that interesting opus instructions readers on an emotional odyssey, delicately exposing the latent potential and profound influence embedded within the complex internet of language. Within the heart-wrenching expanse with this evocative examination, we can embark upon an introspective exploration of the book is key styles, dissect its interesting publishing fashion, and immerse ourselves in the indelible impact it leaves upon the depths of readers souls.

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