

Free-American Red Cross Lifeguard TEST / (MED 302) 2022 Emergency Medicine Red Cross Lifeguard Test complete Guide Latest

How can you best protect yourself from possible blood borne pathogen transmission when providing care?

- a. Ask the victim first if they have any communicable diseases.
- b. Thoroughly wash your hands before providing care.
- c. Use first aid supplies, such as dressings and bandages, as a barrier when in contact with the victim.
- d. Use personal protective equipment (PPE), such as disposable gloves and a breathing barrier, when providing care.** {{Ans- D

A 12-year-old child at a swim meet grabs their chest and begins to make wheezing noises. After you obtain consent to provide care, the child's parent informs you that the child has a history of asthma, but does not have an inhaler nearby. What care should you provide?

- a. Give 5 back blows.
- b. Summon more advanced medical personnel and place the victim into a position that helps breathing.**
- c. Tell the victim to use an inhaler borrowed from a bystander.
- d. Wait 20 minutes to see if the breathing difficulty goes away. {{Ans- B

Your initial impression of a victim is based on:

- a. The victim's initial vital signs.
- b. How the victim appears to you as you size up the scene.**
- c. The victim's SAMPLE history.
- d. What you have been told about the victim. {{Ans- B

You and another lifeguard find an unresponsive adult on the floor in the locker room. You activate your facility's EAP, size-up the scene, form an initial impression and perform a primary assessment. You find the victim is not moving or breathing, but has a pulse. You should summon EMS personnel, then:

- a. Give ventilations at a rate of about every 5-6 seconds.**
- b. Give back blows and chest thrusts.
- c. Give quick breaths at the rate of 20 to 40 a minute.
- d. Perform CPR. {{Ans- A

You arrive on the scene where a patron appears to be injured. Before approaching the victim, which of the following will you NOT do as you size-up the scene?

- a. Begin performing the primary assessment.**
- b. Use all your senses to determine if the scene is safe.
- c. Form an initial impression.



Red Cross Lifeguard Test Study Guide

Steve Treinish



Red Cross Lifeguard Test Study Guide:

American Red Cross Lifeguard Exam Educational Testing Group, 2018-04-09 This practice test includes 140 multiple choice test questions about American Red Cross Lifeguard Exam The test has been carefully developed to assist you to pass your actual test It will help you prepare for and pass your exam on the first attempt but it does not include any study guide The book focuses only on carefully selected practice questions THREE main topics LIFEGUARDING and WATER SKILLS are covered in this test Lifeguarding questions focus on 9642 Lifeguarding Skills 9642 Professional Rescuer and First Aid Water Skills questions focus on 9642 Basic Water Rescue 9642 Waterfront Skills 9642 Waterpark Skills 9642 Shallow Water Lifeguarding Skills **Cornell University Courses of Study** Cornell University, 2007 **Lifeguarding For Dummies** Cary Epstein, Cameron DeGuzman, 2023-04-13 Save lives earn money stay in shape and have fun as a lifeguard Lifeguarding For Dummies will give you insight into what it takes to be a lifeguard and how to train and prepare to be a lifesaver Lifeguarding is a fun challenging and rewarding job that gives you the unique ability to provide your community with a safe place to swim It also requires quick decision making and provides you with valuable lifelong skills such as CPR and first aid leadership strong communication and teamwork This book walks you through the process of training preparing for certification and finding a job as a lifeguard Good lifeguards are in high demand right now check out this great job with the help of Dummies Learn about the essential skills that are needed to become a lifeguard Decide whether lifeguarding is the right job for you Understand the basic types of lifeguarding jobs and how to get certified Try fun swimming workouts to get you prepared for lifeguarding tests This fun book is perfect for anyone who wants to explore the possibility of becoming a lifeguard gain some basic knowledge and prep for tests and learn about the lifestyle of the lifeguarding community 150 *Great Tech Prep Careers*, 2009 Profiles 150 careers that do not require a four year college degree and provides job descriptions requirements and information on employers advancement earnings work environment outlook for the field and other related topics Water Rescue: Principles and Practice to NFPA 1006 and 1670: Surface, Swiftwater, Dive, Ice, Surf, and Flood (includes Navigate Advantage Access) Steve Treinish, 2021-03-30 The third edition of Water Rescue Principles and Practice to NFPA 1006 and 1670 Surface Swiftwater Dive Ice Surf and Flood is a complete resource for water rescue personnel and their organizations **Forthcoming Books** Rose Arny, 1992 Measurement and Evaluation in the Schools Blaine R. Worthen, Walter R. Borg, Karl White, 1993 **An Exposure to Sports** William G. "Billy" Coward, 2013-07-31 Personal experiences mold our characters and shape our futures in myriad ways and the people we have the gift of meeting along the way affect us forever In this book William G Billy Coward tells his life s story through his involvement in sports over more than seven decades From his beginning as a young African American man growing up in Washington DC prior to racial integration to his later successes as an athlete and coach in an ever changing country Coward s ability to encourage driven people to achieve their potentials sets him apart from the average man Through this detailed account of his life before and

through high school sports as a batboy for a Negro League baseball team a lifeguard at several pools throughout his life a competitive college athlete in multiple sports and later as a coach for countless teams and an adult athlete himself Coward never falters in his constant goal of success cooperation and respect of all people Acknowledging the achievements of the athletes he has known throughout his life we see just how fortunate and determined Coach Coward has been Swimming Pool Management Manual ,1993 **The Ungrateful Refugee** Dina Nayeri,2019-09-03 An Iranian refugee confronts the issues that are key to the refugee experience drawing on her own and others powerful stories Viet Thanh Nguyen Pulitzer Prize winning author A work of astonishing insistent importance that will make you rethink how we talk about the refugee crisis Observer Aged 8 Dina Nayeri fled Iran along with her mother and brother and lived in the crumbling shell of an Italian hotel turned refugee camp Eventually she was granted asylum in America She settled in Oklahoma then made her way to Princeton University In this book Nayeri weaves together her own vivid story with the stories of other refugees and asylum seekers in recent years bringing us inside their daily lives and taking us through the different stages of their journeys from escape to asylum to resettlement In these pages a couple fall in love over the phone and women gather to prepare the noodles that remind them of home A closeted queer man tries to make his case truthfully as he seeks asylum and a translator attempts to help new arrivals present their stories to officials Nayeri confronts notions like the swarm and on the other hand good immigrants She calls attention to the harmful way in which Western governments privilege certain dangers over others With surprising and provocative questions **The Ungrateful Refugee** challenges us to rethink how we talk about the refugee crisis

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