

Physical Therapy Documentation Cheat Sheet

Physical therapy documentation is an essential part of a physical therapist's job. It records the patient's progress and helps in communication with other healthcare professionals and insurance companies.

Abbreviations

Abbreviations can help save time and space in physical therapy documentation. However, it is essential to use them correctly and consistently. Here are some commonly used abbreviations in physical therapy documentation:

Letter A		Letter D	
Abbreviation	Definition	Abbreviation	Definition
AAROM	Active assisted range of motion	DA	Direct access
ABD	Abduction	DB	Dumbbell
AC	Acromioclavicular joint	DDD	Degenerative disc disease
ACDF	Anterior cervical discectomy and fusion	DFM	Degenerative joint disease
		DKTC	Double knee to chest
ADL	Activities of daily living	DLS	Double limb support
AFO	Ankle foot orthotic	DNF	Deep neck flexors
AKA	Above knee amputation	DPC	Digital patient care
AP	Anterior to posterior	Letter E	
APTA	American Physical Therapy Association	Abbreviation	Definition
		ECG or EKG	Electrocardiogram
AROM	Active range of motion	EDS	Ehlers-Danlos syndrome
Letter B		EIL	Extension in lying
Abbreviation	Definition	EIS	Extension in standing
BAPS	Biomechanical ankle platform system	EOB	Edge of bed
BFRT	Blood flow restriction training	EOS	End of session
BID/BIW	Twice a day/ Twice a week	ER	External rotation
BKA	Below knee amputation	ES	Electrical stimulation
b/l	Bilateral	Letter F	
BOS	Base of support	Abbreviation	Definition
BOS	Beginning of session	FAI	Femoroacetabular impingement
BP	Blood pressure	FIL	Flexion in lying
BPPV	Benign paroxysmal positional vertigo	FMS	Functional movement screen
Letter C		FOB	Foot of bed
Abbreviation	Definition	FOM	Functional outcome measure
cc	Cable column	Letter G	
CCP	Cervical cold pack	Abbreviation	Definition
CEU	Continuing Education Unit	GH	Glenohumeral joint
CHP	Cervical hot pack	GIRD	Glenohumeral internal rotation deficit
CP	Cold pack	Letter H	
CPT	Current Procedural Terminology	Abbreviation	Definition
CVAD	Central venous access devices	HABD	Horizontal abduction
cx	Cancel	HADD	Horizontal adduction
CX or CS	Cervical spine	HBB	Hand behind back

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Starting & Managing Your Own Physical Therapy Practice Samuel H. Esterson, 2005 This basic handbook on how to start up a private physical therapy practice is a hands on guide for any physical therapist who is contemplating or preparing to go out on his her own *Starting Managing Your Own Physical Therapy Practice* is a one of a kind guide that offers insight into the how s what s and where s of private business and gives the practitioner enough information and insight to veer him her in the proper direction This book is a guide map a tool developed to open your eyes to what is necessary to open and run your own successful practice *Documentation for Physical Therapist Practice* Jacqueline A. Osborne, 2015-07-31 *Documentation for Physical Therapist Practice A Clinical Decision Making Approach* provides the framework for successful documentation It is synchronous with Medicare standards as well as the American Physical Therapy Association s recommendations for defensible documentation It identifies documentation basics which can be readily applied to a broad spectrum of documentation formats including paper based and electronic systems This key resource utilizes a practical clinical decision making approach and applies this framework to all aspects of documentation This text emphasizes how the common and standard language of the Guide to Physical Therapist Practice and the International Classification of Functioning Disability and Health ICF model can be integrated with a physical therapist s clinical reasoning process and a physical therapist assistant s skill set to produce successful documentation Includes content on documentation formations Initial Evaluations Re examination Notes Daily Notes Conclusion of the Episode of Care Summaries Home Exercise Program Reviews all the important issues related to style types of documentation and utilization of documentation Covers documentation relevant in different settings inpatient home health skilled nursing facility outpatient Helps students learn how to report findings and demonstrate an appropriate interpretation of results Includes up to date information in line with APTA Guidelines for Defensible Documentation World Health Organization International Classification of Functioning Disability and Health Mode and Medicare Reviews electronic documentation ICD 9 ICD 10 and CPT codes Includes important chapters on Interprofessional Communication Legal Aspects Principles of Measurement **The Reimbursement Resource Book** ,2003

Management in Physical Therapy Practices Catherine G Page, 2015-02-06 That s why we ve provided wisdom you won t find in any other Management text practical business principles and perspectives for all types of clinical settings to help you prepare for wherever life may lead you Walk through true stories of trials and triumphs as Catherine Page shows you how to create a personal business plan that will set you up for success whether you decide to own a clinic or focus on direct patient care **Year One of Practice Transition** Jason E. Pope, Timothy R. Deer, 2021-11-16 *Year One of Practice Transition The Necessary Guide to Success* is a practical guide for both established physicians transitioning from one practice opportunity to another and those transitioning from formal residency or fellowship training This book is an up to date look at how to achieve a successful practice offering insights from top experts who have navigated transition through

various phases and circumstances Examines key factors such as training managing a schedule working with staff and problem solving Offers a practical approach in an easy to use format Consolidates information and current tools to succeed in creating a supportive practice environment and work life balance tools to become the best version of yourself Written by some of the world s top physician experts Effective Documentation for Physical Therapy Professionals Eric Shamus,Debra Feingold Stern,2004 This is a comprehensive textbook for the documentation course required in all Physical Therapy programs The textbook incorporates current APTA terminology and covers every aspect of documentation including reimbursement and billing coding legal issues PT and PTA communication as well as utilization review and quality assurance

Midwest **The Journal of the Assembly During the ... Session of the Legislature of the State of California** California. Legislature. Assembly,1943 **The Physical Therapist's Business Practice and Legal Guide** Sheila K. Nicholson,2008 As the profession of physical therapy continues its growth toward autonomous practice the physical therapist physical therapist assistant and student are going to face liability risks and exposure like never before Physical Therapist s Business Practice and Legal Guide provides the tools needed to integrate risk management practices into the daily patient care routine Each chapter includes key concepts and discussion questions Specific cases are also discussed to explain and support legal concepts and how these set the stage for future risks exposure The American Journal of Physical Therapy Charles Raymond Wiley,1928 **Navy Department Appropriation Bill** United States. Congress. House. Committee on Appropriations,1943 Navy Department Appropriation Bill for 1944 United States. Congress. House. Committee on Appropriations,1943 Navy Department Appropriation Bill for 1944 United States. Congress. House. Committee on Appropriations. Subcommittee on Navy Department,1943 *St. Anthony's Managed Care Desk Reference* Marianne F. Fazen,1996 Navy Department Appropriation Bill for 1942 United States. Congress. House. Committee on Appropriations,United States. Congress. House. Committee on Appropriations. Subcommittee on Navy Department,1941

Massage for the Hospital Patient and Medically Frail Client Gayle MacDonald,2005 This is an essential resource for learning massage in the acute care setting As the need for massage in hospitals has grown many massage therapists and massage students are developing their skills in this environment to broaden their practice and meet market demand The text explores pressure adjustments site restrictions and positioning needs for hospital patients and medically frail clients An easy to use conceptual format covers common medical devices and procedures standard precautions the relationship between pharmaceuticals and massage charting and collecting patient data Illustrations demonstrate body mechanics draping room preparation and more *Dreeben-Irimia's Introduction to Physical Therapist Practice for Physical Therapist Assistants* Barrett,Christina M. Barrett,2016-01-22 Preceded by Introduction to physical therapy for physical therapist assistants Olga Dreeben Irimia 2nd ed 2011 **Physicians Fee & Coding Guide** ,2008 **Federal Register** ,1992-03-24 **West's California Code Forms with Practice Commentaries** ,1977 **Saunders Medical Office Management** Alice Anne

Andress, 2013-08-09 With proven techniques and professional insight this one of a kind resource is your complete guide to ensuring both effective patient care and sound business practices in the medical facility From the front office to financial management each detailed chapter addresses the interpersonal and administrative concerns you ll face in the management of a medical office accompanied by realistic forms letters and procedural policies that help you prepare for on the job success This new edition keeps you up to date on emerging developments in billing and coding documentation ethical and legal issues and technological advances to help you keep your medical office at the forefront of the competitive health care field Manager s Alert boxes detail measures to help you avoid complications and prevent potential emergencies From the Expert s Notebook boxes help you build daily decision making skills with helpful tips suggestions and insights drawn from real world practice Exercises at the end of each chapter reinforce concepts and help you assess your understanding Detailed appendices provide fast easy access to commonly used abbreviations and symbols Medicare information helpful websites and answers to the end o f chapter exercises as well as a sample procedure and policy manual to guide you in developing your own practices Written Communication chapter helps you ensure proper communication and documentation in the health care facility Updated content in the Medical Record chapter familiarizes you with the latest information on the electronic medical record The updated Billing Coding and Collections chapter keeps you up to date with the latest coding and insurance forms CMS 1500 Coverage of current legal and ethical issues and emerging technology in the medical office keep you apprised of recent developments

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