
PHYSICAL EDUCATION

(Two hours)

Answers to this Paper must be written on the paper provided separately.

*You will **not** be allowed to write during the first 15 minutes.*

This time is to be spent in reading the question paper.

The time given at the head of this Paper is the time allowed for writing the answers.

Attempt all questions from Section A and any two questions from Section B.

The intended marks for questions or parts of questions are given in brackets [].

SECTION A (50 Marks)

Attempt all questions from this Section

Question 1

- (a) Mention any *two* points to be kept in mind for care of the eyes. [2]
- (b) Name any *two* functions of a disinfectant. [2]
- (c) State *three* precautions to be observed while exercising. [3]
- (d) State *three* points to maintain personal hygiene. [3]

Question 2

- (a) State any *two* harmful effects of chewing tobacco. [2]
- (b) What are the symptoms of ringworm? [2]
- (c) Explain the principles of diet with reference to obesity. [3]
- (d) Name the causal agents for the following viral diseases:
(i) common cold (ii) yellow fever (iii) rabies. [3]

Question 3

- (a) Write *one* symptom each of Rheumatism and Protozoa. [2]
- (b) State any *two* defects of vision. [2]
- (c) Mention *three* differences between *antibiotics* and *antiseptics*. [3]
- (d) What is meant by the term *Droplet Infection*? Suggest *two* ways of preventing it. [3]

Question 4

- (a) State *two* major purposes of first aid. [2]
- (b) State *two* causes of electrical accidents. [2]

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