

# Physical Therapy Note Template

## Patient Information

Peter

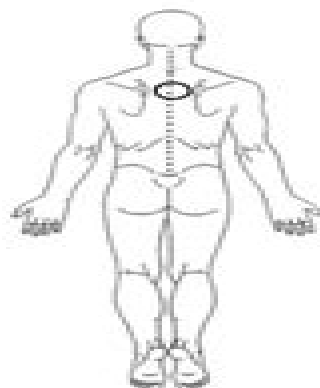
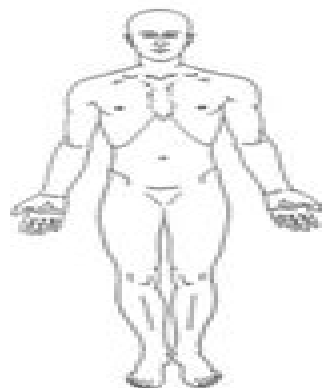
Example

03/08/1995

First Name

Last Name

Date of Birth



- X Adhesion
- ↻ Rotation
- Pain
- Tender Joint
- ≡ Hypertonicity

- ≈ Spasm
- Inflammation
- 9 Trigger Point
- / Elevation

## Presenting Complaint

Pain in upper back

Date	Note
07/08/2022	<p>Client complained of upper back pain.</p> <p>Limited ROM. Massage eased pain.</p> <p>Affecting daily activities e.g. work</p> <p>Will assess in 2 weeks</p>
07/22/2022	<p>Pain has reduced slightly</p> <p>Used different massage technique</p> <p>Encouraged exercises, intervention appears to be working</p>
08/05/2022	<p>Client achieving treatment goals, pain has reduced, ROM is almost 100%</p> <p>Readjustments, return to original massage technique</p> <p>Compliance with exercises seems good.</p>

# Sample Physical Therapy Notes

**J Dewey**



## **Sample Physical Therapy Notes:**

Physical Therapy Documentation Mia Erickson, Mia L. Erickson, Rebecca McKnight, Ralph Utzman, 2008 Complete accurate documentation is one of the essential skills for a physical therapist This book covers all the fundamentals includes practice exercises case studies throughout *Documentation Basics* Mia Erickson, Mia L. Erickson, 2012 Complete and accurate documentation is one of the most important skills for a physical therapist assistant to develop and use effectively The new Second Edition of *Documentation Basics A Guide for the Physical Therapist Assistant* continues the path of teaching the student and clinician documentation from A to Z Mia Erickson and Rebecca McKnight have updated this Second Edition to reflect changes of the American Physical Therapy Association and the ever evolving profession Updated inside *Documentation Basics A Guide for the Physical Therapist Assistant Second Edition* The discussion on integrating disablement into documentation The discussion on how a PTA can show medical necessity and need for skilled care The discussion on using documentation to communicate with other providers Writing the assessment and plan to coincide with the initial documentation Sample notes completed on forms More examples and practice including physical agents school based services paediatrics traumatic brain injury spinal cord injury and interventions consistent with the Guide to Physical Therapist Practice Medicare reimbursement in different settings The importance of consistent reliable and valid measurements How to improve communication and consistency between documentation by the PT the PTA The discussion on disablement has also been updated shifting away from the Nagi Model toward the International Classification of Functioning Disability and Health ICF In addition the PTA Normative Model has been integrated throughout to include more information on clinical decision making New inside *Documentation Basics A Guide for the Physical Therapist Assistant Second Edition* Navigating the PT plan of care A step by step model for PTAs to use as they navigate the initial PT documentation and plan of care How the PTA uses the PT goals from the initial examination and evaluation Positive and negative aspects of using electronic documentation and a discussion on integrating SOAP notes and the problem oriented medical record into electronic documentation Sample notes and discussion of documentation in school based settings early intervention skilled nursing settings in patient rehabilitation and direct access Medicare Parts C and D Cash based services and pro bono services Instructors in educational settings can visit [www.efacultyounge.com](http://www.efacultyounge.com) for additional material to be used for teaching in the classroom *Documentation Basics A Guide for the Physical Therapist Assistant Second Edition* is the perfect guide for all physical therapist assistant students and clinicians who want to update and refine their knowledge and skills in documentation **Effective Documentation for Physical Therapy Professionals, Second Edition** Eric Shamus, Debra F. Stern, 2011-05-09 Comprehensive textbook for the documentation material required in all Physical Therapy programs Physical Therapy is one of the fastest growing professions in the US if they want to get paid by third parties they need to have a solid understanding of documentation This book covers every aspect of documentation including reimbursement and

billing coding legal issues PT and PTA communication as well as utilization review and quality assurance Market Audience Primary market are the 30 000 PT students based in the US attending 210 programs Secondary market 155 000 clinicians currently practicing The primary market for this book students has grown by 33% since 2003 when the first edition was published About the Book From exercise prescriptions to patient evaluations insurance forms billing and much more Effective Documentation for Physical Therapy Professionals is your best choice for learning when what and how to document Included are every essential aspect of documentation and many sample documents The easy to follow format gives you the professional guidelines codes and methodology you need to provide expert documentation Key Selling Features Includes all aspects of documentation including reimbursement and billing coding legal issues PT PT and PT PTA communication and utilization review quality assurance Sample documentation content forms exercises and questions are provided as appropriate Uses current APTA terminology and all pertinent professional association regulations Includes SOAP guidelines and examples as well as standardized forms and assessment tools The most up to date comprehensive documentation book for Physical Therapy students and practitioners on the market Contains plenty of examples and exercises to provide practical knowledge to users of the text Author Profiles Eric Shamus DPT PhD CSCS has taught national and international continuing education courses on Orthopaedics Sports Medicine and Manual Therapy with a focus on documentation and reimbursement He is presently a professor at Florida Gulf Coast University and works at an outpatient orthopedic facility in Fort Lauderdale Debra F Stern PT MSM DBA is an Associate Professor at Nova Southeastern University in Fort Lauderdale FL She serves as a clinical instructor with a focus on geriatrics neuromuscular disorders and also coordinates service learning experiences for the school s PT department She received her BS in Physical Therapy from SUNY Buffalo her MSM from Rollins College and her DBAS at Nova Southeastern

**Physical Therapy Documentation** Mia Erickson,Ralph Utzman,Rebecca McKnight,2024-06-01 Newly updated and revised Physical Therapy Documentation From Examination to Outcome Third Edition provides physical therapy students educators and clinicians with essential information on documentation for contemporary physical therapy practice Complete and accurate documentation is one of the most essential skills for physical therapists In this text authors Mia L Erickson Rebecca McKnight and Ralph Utzman teach the knowledge and skills necessary for correct documentation of physical therapy services provide guidance for readers in their ethical responsibility to quality record keeping and deliver the mechanics of note writing in a friendly approachable tone Featuring the most up to date information on proper documentation and using the International Classification of Functioning Disabilities and Health ICF model as a foundation for terminology the Third Edition includes expanded examples across a variety of practice settings as well as new chapters on Health informatics Electronic medical records Rules governing paper and electronic records Billing coding and outcomes measures Included with the text are online supplemental materials for faculty use in the classroom An invaluable reference in keeping with basic documentation structure Physical Therapy Documentation From Examination to

Outcome Third Edition is a necessity for both new and seasoned physical therapy practitioners

**Legal Aspects of Documenting Patient Care** Ronald W. Scott, 2000 This Second Edition Of Our Easy To Use Reference Takes A Risk Management Approach To Patient Care Documentation It Shows Clinicians From A Wide Variety Of Disciplines How To Be Objective Precise Unambiguous And Timely When Documenting Treatment Related Matters The Content Is Written In Straightforward Lay Language And Includes Sample Documentation Forms The New Edition Includes Information On Computerized Documentation Coverage Of Telehealth Issues Updates On JCAHO CARF And NCQA Accreditation And Documentation Problems Specific To Non Hospital And Managed Care Settings Effective Documentation for Physical Therapy Professionals Eric Shamus, Debra F. Stern, 2003-09-22 A comprehensive textbook for the documentation course required in all Physical Therapy programs The textbook incorporates current American Physical Therapy Association APTA terminology and covers every aspect o documentation including reimbursement and billing coding legal issues PT and PTA communication as well as utilization review and quality assurance An accompanying pocket book provides a handy portable quick reference guide to the materials Includes sample documentation content forms cases exercises questions flowsheets and checklists *Writing Patient/Client Notes* Ginge Kettenbach, Sarah Lynn Schlomer, Jill Fitzgerald, 2016-05-11 Develop all of the skills you need to write clear concise and defensible patient client care notes using a variety of tools including SOAP notes This is the ideal resource for any health care professional needing to learn or improve their skills with simple straight forward explanations of the hows and whys of documentation It also keeps pace with the changes in Physical Therapy practice today emphasizing the Patient Client Management and WHO s ICF model **The OTA's Guide to Writing SOAP Notes** Sherry Borcharding, Marie J. Morreale, 2007 Written specifically for occupational therapy assistants The OTA s Guide to Writing SOAP Notes Second Edition is updated to include new features and information This valuable text contains the step by step instruction needed to learn the documentation required for reimbursement in occupational therapy With the current changes in healthcare proper documentation of client care is essential to meeting legal and ethical standards for reimbursement of services Written in an easy to read format this new edition by Sherry Borcharding and Marie J Morreale will continue to aid occupational therapy assistants in learning to write SOAP notes that will be reimbursable under Medicare Part B and managed care for different areas of clinical practice New Features in the Second Edition Incorporated throughout the text is the Occupational Therapy Practice Framework along with updated AOTA documents More examples of pediatrics hand therapy and mental health Updated and additional worksheets Review of grammar documentation mistakes Worksheets for deciphering physician orders as well as expanded worksheets for medical abbreviations Updated information on billing codes HIPAA management of health information medical records and electronic documentation Expanded information on the OT process for the OTA to fully understand documentation and the OTA s role in all stages of treatment including referral evaluation intervention plan and discharge Documentation of physical agent modalities With reorganized and shorter

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**The Physician Assistant Student's Guide to the Clinical Year Seven-Volume Set** Maureen Knechtel, Maureen A. Knechtel, 2019-10-15 A lifesaver not just for PA students but for faculty and administrators trying our best to prepare them Perfect for students to read and use on rotation James Van Rhee MS PA C DFAAPA Program Director Yale Physician Assistant Online Program Everything you'll need for your clinical rotations in one handy and affordable set Hit the ground running as you undertake your required clinical rotations with the quick access 7 volume pocket sized set The Physician Assistant Student's Guide to the Clinical Year Written by PA educators experienced in these specialty areas this first of its kind series covers all 7 clinical rotations including Family Medicine Internal Medicine Emergency Medicine Pediatrics Surgery Obstetrics and Gynecology and Behavioral Health Brimming with pithy information on the precise knowledge and duties required of a physician assistant you will learn about practice settings equipment exam techniques frequently encountered disease entities commonly ordered studies and medications procedures and more Small enough to fit in your lab coat pocket for on the spot reference each consistently organized guide delivers brief bulleted content with handy tables and figures to promote quick learning and retention You'll also find useful examples of pertinent documentation for each specialty along with clinical pearls that deliver savvy pointers from the experts Key Features Delivers a pocket size overview of the precise knowledge and duties required for each clinical rotation Offers consistently organized quick access bulleted content for all seven rotations Describes common clinical presentations disease entities and procedures Presents key diagnostic studies and their indications Reflects the 2019 NCCPA PANCE blueprint Includes bonus digital chapters with guided case studies to help reinforce clinical reasoning and rotation exam style questions with remediating rationales Set includes The Physician Assistant Student's Guide to the Clinical Year Family Medicine Internal Medicine Emergency Medicine Pediatrics Surgery OB GYN Behavioral Medicine     **Management Principles for Health Professionals** Joan Gratto Liebler, Charles R. McConnell, 2004 Management Principles for Health Care Professionals will thoroughly prepare your students for their future roles as healthcare managers The customary activities of the manager planning organizing decision making staffing

motivating and budgeting are succinctly defined explained and presented with detailed examples drawn from a variety of health care settings Students will learn proven management concepts techniques models and tools for managing individuals or teams with skill and ease This edition includes discussions on new concepts and trends in management such as appreciative inquiry approaches to motivation and conflict management and Six Sigma applications for quality control

Documentation for Rehabilitation Lori Quinn,James Gordon,2015-12-11 Better patient management starts with better documentation Documentation for Rehabilitation A Guide to Clinical Decision Making in Physical Therapy 3rd Edition shows how to accurately document treatment progress and patient outcomes Designed for use by rehabilitation professionals documentation guidelines are easily adaptable to different practice settings and patient populations Realistic examples and practice exercises reinforce concepts and encourage you to apply what you ve learned Written by expert physical therapy educators Lori Quinn and James Gordon this book will improve your skills in both documentation and clinical reasoning A practical framework shows how to organize and structure PT records making it easier to document functional outcomes in many practice settings and is based on the International Classification for Functioning Disability and Health ICF model the one adopted by the APTA Coverage of practice settings includes documentation examples in acute care rehabilitation outpatient home care and nursing homes as well as a separate chapter on documentation in pediatric settings Guidelines to systematic documentation describe how to identify record measure and evaluate treatment and therapies especially important when insurance companies require evidence of functional progress in order to provide reimbursement Workbook textbook format uses examples and exercises in each chapter to reinforce your understanding of concepts NEW Standardized Outcome Measures chapter leads to better care and patient management by helping you select the right outcome measures for use in evaluations re evaluations and discharge summaries UPDATED content is based on data from current research federal policies and APTA guidelines including incorporation of new terminology from the Guide to Physical Therapist 3 0 and ICD 10 coding EXPANDED number of case examples covers an even broader range of clinical practice areas

**Clinical Management Notes and Case Histories in Cardiopulmonary Physical Therapy** W. Darlene Reid, Frank Chung, 2004 Two primary components present in Clinical Management Notes and Case Histories in Cardiopulmonary Physical Therapy are notes on cardiopulmonary assessment and management and case histories involving respiratory and cardiovascular conditions commonly viewed by physical therapists Accompanying the notes are thought provoking questions and problems that enable the reader to establish a foundation of core concepts The presentation of case histories further facilitates the development of integral skills and enables the reader to integrate those core concepts into a clinical setting Also question and answer guides accompany the patient profiles **BOOK JACKET** **Rehabilitation Protocols for Surgical and**

**Nonsurgical Procedures: Lumbar Spine** Carol McFarland, Don Burkhart, 2001-11-15 This manual written for healthcare professionals explores the pros and cons of a wide range of currently practiced rehabilitation methods and includes tests

illustrated exercises and worksheets for evaluating patients      Meaningful Online Learning Nada Dabbagh, Rose M. Marra, Jane L. Howland, 2018-08-15 Meaningful Online Learning explores the design and facilitation of high quality online learning experiences and outcomes through the integration of theory based instructional strategies learning activities and proven educational technologies Building on the authors years of synthesized research and expertise this textbook prepares instructors in training to create deliver and evaluate learner centered online pedagogies Pre and in service K 12 teachers higher education faculty and instructional designers in private corporate or government settings will find a comprehensive approach and support system for their design efforts      Critical Literature Review ,1993      **Legal Nurse Consulting** Patricia W. Iyer, MSN, RN, LNCC, 2002-11-26 Designed to meet the needs of both novice and advanced practitioners the first edition of Legal Nurse Consulting Principles and Practice established standards and defined the core curriculum of legal nurse consulting It also guided the development of the certification examination administered by the American Legal Nurse Consultant Certification Board The extensive revisions and additions in Legal Nurse Consulting Principles and Practices Second Edition make this bestselling reference even more indispensable The most significant change is the inclusion of 15 new chapters each of which highlights an important aspect of legal nurse consulting practice Entry into the Specialty Certification Nursing Theory Applications to Legal Nurse Consulting Elements of Triage for Medical Malpractice Evaluating Nursing Home Cases Principles of Evaluating Personal Injury Cases Common Mechanisms of Injury in Personal Injury Cases ERISA and HMO Litigation The LNC as Case Manager Report Preparation Locating and Working with Expert Witnesses The Role of the LNC in Preparation of Technical Demonstrative Evidence Marketing Growing a Business Business Ethics Legal Nurse Consulting Principles and Practices Second Edition presents up to date practical information on consulting in a variety of practice environments and legal areas Whether you are an in house LNC or you work independently this book is your definitive guide to legal nurse consulting      **Complete Guide to Documentation** Lippincott Williams & Wilkins, 2008 Thoroughly updated for its Second Edition this comprehensive reference provides clear practical guidelines on documenting patient care in all nursing practice settings the leading clinical specialties and current documentation systems This edition features greatly expanded coverage of computerized charting and electronic medical records EMRs complete guidelines for documenting JCAHO safety goals and new information on charting pain management Hundreds of filled in sample forms show specific content and wording Icons highlight tips and timesavers critical case law and legal safeguards and advice for special situations Appendices include NANDA taxonomy JCAHO documentation standards and documenting outcomes and interventions for key nursing diagnoses      **Documentation Manual for Occupational Therapy** Crystal Gateley, 2024-06-01 The best selling newly updated occupational therapy textbook Documentation Manual for Occupational Therapy Fifth Edition is made for students and early career practitioners learning the critical skill of documentation The workbook format offers students ample opportunities to practice writing occupation based problem statements and goals



intervention plans SOAP notes and other forms of documentation The Fifth Edition has also been updated to reflect changes in the American Occupational Therapy Association's Occupational Therapy Practice Framework Domain and Process Fourth Edition What's included in Documentation Manual for Occupational Therapy Numerous worksheets for students to practice individual skills with suggested answers provided in the Appendix Updated information on coding billing and reimbursement to reflect recent Medicare changes particularly in post acute care settings Examples from a variety of contemporary occupational therapy practice settings Included with the text are online supplemental materials for faculty use in the classroom Instructors in educational settings can visit the site for an Instructor's Manual with resources to develop an entire course on professional documentation or to use the textbook across several courses One of the most critical skills that occupational therapy practitioners must learn is effective documentation to guide client care communicate with colleagues and maximize reimbursement The newly updated and expanded Documentation Manual for Occupational Therapy Fifth Edition will help students master their documentation skills before they ever step foot into practice **The Mobile**

**Therapist: Delivering High-Impact Physical Therapy in Home Settings 2025** AUTHOR-1: PRITI NATHANI, AUTHOR-2: DR DEEPAK KUMAR, PREFACE In recent years healthcare has witnessed a profound transformation one that emphasizes accessibility personalization and patient centered care As part of this shift mobile physical therapy has emerged as a dynamic and responsive model bringing effective rehabilitation directly into the comfort of patients homes The Mobile Therapist Delivering High Impact Physical Therapy in Home Settings explores this evolving landscape and offers a comprehensive guide for practitioners seeking to make a meaningful impact beyond the traditional clinic This book was born out of the growing need to bridge gaps in mobility convenience and individualized attention particularly for populations who face barriers to traveling or require a more tailored therapeutic approach Whether it's a post operative senior needing gentle recovery or an athlete aiming to regain peak performance the home setting provides unique advantages for fostering trust compliance and holistic healing Drawing from clinical experience evidence based strategies and real world case studies this book equips mobile therapists with practical tools and insights for delivering high quality care in diverse home environments From initial assessment protocols to setting up a mobile practice managing logistics ensuring safety and leveraging technology each chapter is designed to support therapists in achieving professional excellence and patient satisfaction This book is intended not only for physical therapists venturing into mobile practice but also for healthcare professionals administrators and students who are passionate about expanding the reach and relevance of rehabilitative care It is our hope that The Mobile Therapist will inspire a new generation of practitioners to embrace mobility not just in the physical sense but in the way we think treat and connect with those we serve Authors

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