PHYSICAL EDUCATION

(Two hours)

Answers to this Paper must be written on the paper provided separately.

You will not be allowed to write during the first 15 minutes.

This time is to be spent in reading the question paper.

The time given at the head of this Paper is the time allowed for writing the answers.

Attempt all questions from Section A and any two questions from Section B.

The intended marks for questions or parts of questions are given in brackets [].

SECTION A (50 Marks)

Attempt all questions from this Section

Question 1

- (a) Mention any two points to be kept in mind for care of the eyes. [2]
- (b) Name any two functions of a disinfectant. [2]
- (c) State three precautions to be observed while exercising. [3]
- (d) State three points to maintain personal hygiene. [3]

Question 2

- (a) State any two harmful effects of chewing tobacco. [2]
- (b) What are the symptoms of ringworm? [2]
- (c) Explain the principles of diet with reference to obesity. [3]
- (d) Name the causal agents for the following viral diseases:
 - (i) common cold (ii) yellow fever (iii) rabies. [3]

Question 3

- (a) Write one symptom each of Rheumatism and Protozoa. [2]
- (b) State any two defects of vision. [2]
- (c) Mention three differences between antibiotics and antiseptics. [3]
- (d) What is meant by the term Droplet Infection? Suggest two ways of preventing it. [3]

Question 4

- (a) State two major purposes of first aid. [2]
- (b) State two causes of electrical accidents. [2]

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