

THE ASSHOLE SURVIVAL GUIDE

Robert I. Sutton

Robert I Sutton Book

R Sandford



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The Asshole Survival Guide Robert I. Sutton, 2017-09-12 This book is a contemporary classic a shrewd and spirited guide to protecting ourselves from the jerks bullies tyrants and trolls who seek to demean We desperately need this antidote to the a holes in our midst Daniel H Pink best selling author of *To Sell Is Human* and *Drive* How to avoid outwit and disarm assholes from the author of the classic *The No Asshole Rule* As entertaining as it is useful *The Asshole Survival Guide* delivers a cogent and methodical game plan for anybody who feels plagued by assholes Sutton starts with diagnosis what kind of asshole problem exactly are you dealing with From there he provides field tested evidence based and often surprising strategies for dealing with assholes avoiding them outwitting them disarming them sending them packing and developing protective psychological armor Sutton even teaches readers how to look inward to stifle their own inner jackass Ultimately this survival guide is about developing an outlook and personal plan that will help you preserve the sanity in your work life and rescue all those perfectly good days from being ruined by some jerk Thought provoking and often hilarious An indispensable resource Gretchen Rubin best selling author of *The Happiness Project* and *Better Than Before* At last clear steps for rejecting deflecting and deflating the jerks who blight our lives Useful evidence based and fun to read Robert Cialdini best selling author of *Influence* and *Pre Suasion*

The No Asshole Rule Robert I. Sutton, 2007-02-22 The definitive guide to working with and surviving bullies creeps jerks tyrants tormentors despots backstabbers egomaniacs and all the other assholes who do their best to destroy you at work What an asshole How many times have you said that about someone at work You re not alone In this groundbreaking book Stanford University professor Robert I Sutton builds on his acclaimed Harvard Business Review article to show you the best ways to deal with assholes and why they can be so destructive to your company Practical compassionate and in places downright funny this guide offers Strategies on how to pinpoint and eliminate negative influences for good Illuminating case histories from major organizations A self diagnostic test and a program to identify and keep your own inner jerk from coming out *The No Asshole Rule* is a New York Times Wall Street Journal USA Today and Business Week bestseller

Good Boss, Bad Boss Robert I. Sutton, 2010-09-07 Now with a new chapter that focuses on what great bosses really do Dr Sutton reveals new insights that he s learned since the writing of *Good Boss Bad Boss* Sutton adds revelatory thoughts about such legendary bosses as Ed Catmull Steve Jobs A G Lafley and many more and how you can implement their techniques If you are a boss who wants to do great work what can you do about it *Good Boss Bad Boss* is devoted to answering that question Stanford Professor Robert Sutton weaves together the best psychological and management research with compelling stories and cases to reveal the mindset and moves of the best and worst bosses This book was inspired by the deluge of emails research phone calls and conversations that Dr Sutton experienced after publishing his blockbuster bestseller *The No Asshole Rule* He realized that most of these stories and studies swirled around a central figure in every workplace THE BOSS These heart breaking inspiring and sometimes funny

stories taught Sutton that most bosses and their followers wanted a lot more than just a jerk free workplace They aspired to become or work for an all around great boss somebody with the skill and grit to inspire superior work commitment and dignity among their charges As Dr Sutton digs into the nitty gritty of what the best and worst bosses do a theme runs throughout Good Boss Bad Boss which brings together the diverse lessons and is a hallmark of great bosses They work doggedly to stay in tune with how their followers and superiors peers and customers too react to what they say and do The best bosses are acutely aware that their success depends on having the self awareness to control their moods and moves to accurately interpret their impact on others and to make adjustments on the fly that continuously spark effort dignity and pride among their people

Summary of The No Asshole Rule by Robert I. Sutton QuickRead, Lea Schullery, Building a Civilized Workplace and Surviving One that Isn't How do you react when you meet a mean spirited person If you're anything like author Robert Sutton you probably think Wow what an asshole Maybe you call them something else like bullies creeps jerks tyrants or egomaniacs But overall asshole seems to best capture the fear and loathing you have for these nasty people Unfortunately most of us have to deal with assholes in the workplace and Sutton aims to show how destructive these people are to their colleagues and organizations You'll learn how to keep these types of jerks out of the workplace as well as how to handle the ones you are stuck with As you read you'll learn the total cost of assholes in business why emotionally distancing yourself is key and how sometimes being an asshole can be effective Do you want more free book summaries like this Download our app for free at <https://www.quickread.com> App and get access to hundreds of free book and audiobook summaries DISCLAIMER This book summary is meant as a preview and not a replacement for the original work If you like this summary please consider purchasing the original book to get the full experience as the original author intended it to be If you are the original author of any book on QuickRead and want us to remove it please contact us at hello@quickread.com

Scaling Up Excellence Robert I. Sutton, Huggy Rao, 2014-02-04 Wall Street Journal Bestseller The pick of 2014's management books Andrew Hill Financial Times One of the top business books of the year Harvey Schacter The Globe and Mail Bestselling author Robert Sutton and Stanford colleague Huggy Rao tackle a challenge that determines every organization's success how to scale up farther faster and more effectively as an organization grows Sutton and Rao have devoted much of the last decade to uncovering what it takes to build and uncover pockets of exemplary performance to help spread them and to keep recharging organizations with ever better work practices Drawing on inside accounts and case studies and academic research from a wealth of industries including start ups pharmaceuticals airlines retail financial services high tech education non profits government and healthcare Sutton and Rao identify the key scaling challenges that confront every organization They tackle the difficult trade offs that organizations must make between whether to encourage individualized approaches tailored to local needs or to replicate the same practices and customs as an organization or program expands They reveal how the best leaders and teams develop spread and instill the right mindsets in their people

rather than ruining or watering down the very things that have fueled successful growth in the past They unpack the principles that help to cascade excellence throughout an organization as well as show how to eliminate destructive beliefs and behaviors that will hold them back Scaling Up Excellence is the first major business book devoted to this universal and vexing challenge and it is destined to become the standard bearer in the field **The Particular and Inventory of All and Singular the Lands, Tenements ... and Personal Estate Whatsoever, of the Right Honourable Sir Robert Sutton; which He was Seized Or Possessed of ...** Sir Robert Sutton,1732 Weird Ideas That Work Robert I. Sutton,2002 Sutton is a sought after consultant speaker and Stanford professor This book brings together 11 of his proven counter intuitive ideas that work from hiring people that make employers squirm to encouraging projects likely to fail The No Asshole Rule Robert I. Sutton,2008-01-01 When the Harvard Business Review asked Robert Sutton for suggestions for its annual list of Breakthrough Ideas he told them that the best business practice he knew of was the no asshole rule Sutton s piece became one of the most popular articles ever to appear in the HBR Spurred on by the fear and despair that people expressed the tricks they used to survive with dignity in asshole infested places the revenge stories that made him laugh out loud and the other small wins that they celebrated against mean spirited people Sutton was persuaded to write THE NO ASSHOLE RULE He believes passionately that civilised workplaces are not a naive dream that they do exist do bolster performance and that widespread contempt can be erased and replaced with mutual respect when a team or organisation is managed right There is a huge temptation by executives and those in positions of authority to overlook this trait especially when exhibited by so called producers but Sutton shows how overall productivity suffers when the workplace is subjected to this kind of stress

Is Work Killing You? David Posen MD,2013-02-02 From the bestselling author of Authenticity and The Little Book of Stress Relief comes the definitive guide to treating and eliminating excessive stress in the workplace Dr David Posen a popular speaker and a leading expert on stress mastery identifies the three biggest problems that contribute to burnout and low productivity Volume Velocity and Abuse He shares revealing anecdotes and offers clear descriptions of the biology of stress to illustrate how downsizing economic uncertainty and technology have made the workplace more toxic than ever Most importantly he offers practical advice and easy techniques for managing the harmful symptoms and side effects of stress Witty engaging and accessible Is Work Killing You touches on everything from meetings to tweeting from fake work to face time from deadlines to dead tired and more With this book Dr Posen gives us the tools to stop harming our most valuable resource ourselves *The Friction Project* Robert I. Sutton,Huggy Rao,2024-01-30 The definitive guide to eliminating the forces that make it harder more complicated or downright impossible to get things done in organizations Find out why Adam Grant says If every leader took the ideas in this book seriously the world would be a less miserable more productive place Every organization is plagued by destructive friction Yet some forms of friction are incredibly useful and leaders who attempt to improve workplace efficiency often make things even worse Drawing from seven years of hands on research The Friction

Project by bestselling authors Robert I Sutton and Huggy Rao teaches readers how to become friction fixers Sutton and Rao kick off the book by unpacking how skilled friction fixers think and act like trustees of others time They provide friction forensics to help readers identify where to avert and repair bad organizational friction and where to maintain and inject good friction Then their help pyramid shows how friction fixers do their work from reframing friction troubles they can t fix right now so they feel less threatening to designing and repairing organizations The heart of the book digs into the causes and solutions for five of the most common and damaging friction troubles oblivious leaders addition sickness broken connections jargon monoxide and fast and frenzied people and teams Sound familiar Sutton and Rao are here to help They wrap things up with lessons for leading your own friction project including linking little things to big things the power of civility caring and love for propelling designs and repairs and embracing the mess that is an inevitable part of the process while still trying to clean it up

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