



My School Lunch Menu



A Filled Baked Potato is also available
as a Main Course option.

Week 1 commencing

30th October, 27th November, 8th January, 5th February & 5th March 2007

A selection of bread from the Bread Basket
and Milk or Pure Fruit Juice
are included as part of a Lunch Meal

Monday

Chicken Curry

Vegetable Sticks
Fresh Salad Bowl

Long Grain Rice
Baked Potato

Baked Potato Filling
Cheddar Cheese

The Sandwich Tray

Cheddar Cheese (V)
Tuna Mayonnaise
Banana (V)

in a

Selection of Breads

Fresh Salad Bowl
Vegetable Sticks
Pizza Finger

Fresh Fruit Selection
Assorted Yoghurts
Iced Sponge & Custard

Tuesday

Soup of the Day

Shepherd's Pie

Garden Peas
Fresh Salad Bowl

Spaghetti Hoops
Baked Potato

Baked Potato Filling
Coronation Chicken

The Soup & Sandwich Tray

Sliced Chicken
Tuna Mayonnaise
Green Cheese & Cucumber (V)

in a

Selection of Breads

Fresh Salad Bowl
Grapes
Pasta Salad

Fresh Fruit Selection
Cheese & Biscuits
Assorted Yoghurts

Wednesday

Chicken Pricassee

Broccoli Florets
Fresh Salad Bowl

Long Grain Rice
Baked Potato

Baked Potato Filling
Tuna Mayonnaise

The Sandwich Tray

Ham
Egg (V)

Tuna Mayonnaise
in a

Selection of Breads

Fresh Salad Bowl
Pineapple Chunks
Rice Salad

Fresh Fruit Selection
Assorted Yoghurts
Strawberry Sorbet with
Fresh Fruit Salad

Thursday

Baked Fish Nibbles

Baked Beans
Fresh Salad Bowl

Boiled Potatoes
Baked Potato

Baked Potato Filling
Baked Beans

The Sandwich Tray

Wafer Thin Beef
Salad (V)

Tuna Mayonnaise
in a

Selection of Breads

Fresh Salad Bowl
Tomato Wedges
Potato Salad

Fresh Fruit Selection
Cheese & Biscuits
Crunchy Fruit Crumble
& Custard

Friday

Beef Burger in a bun

Coleslaw
Fresh Salad Bowl

Potato Wedges
Baked Potato

Baked Potato Filling
Froam Marie Rose

The Sandwich Tray

Chicken
Froam

Tuna Mayonnaise
in a

Selection of Breads

Fresh Salad Bowl
Pasta Shapes
Coleslaw

Fresh Fruit Selection
Cheese & Biscuits
Fruit Muffin

(V) = Vegetarian Option

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