

# PERSONAL TRAINING CONTRACT

## PARTIES

- This Personal Training Contract (hereinafter referred to as the "Agreement") is entered into on \_\_\_\_\_ (the "Effective Date"), by and between \_\_\_\_\_, with an address of \_\_\_\_\_ (hereinafter referred to as the "Company"), and \_\_\_\_\_, with an address of \_\_\_\_\_ (hereinafter referred to as the "Client") (collectively referred to as the "Parties").

## SERVICES

- The Services to be provided by the Company to the Client are enlisted below:
  1. \_\_\_\_\_
  2. \_\_\_\_\_
  3. \_\_\_\_\_
  4. \_\_\_\_\_
  5. \_\_\_\_\_
  6. \_\_\_\_\_
  7. \_\_\_\_\_
  8. \_\_\_\_\_
  9. \_\_\_\_\_
  10. \_\_\_\_\_
- The personal training provided by the Company will last for a period of \_\_\_\_\_ minutes per session.
- The Parties agree that the trainer will be assigned to the Client by the Company and is subject to change at any time. In case the Client requests a new Trainer, the Company will make every effort to provide one and accommodate if the circumstances allow.

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