

10. The Novaco Anger Scale/Inventory can help:

- ☐ Determine the frequency and intensity of anger management problem.
- ☐ Teach individuals coping skills for anger inducing situations.
- ☐ Equip professionals and individuals with an anger baseline by which to progress from.
- ☐ Both a and c

Novaco Anger Management Manual

Yijin Wang



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