

Lesson Plans For Cooking

Activity	Monday	Tuesday	Wednesday
11:45-12:00 Lunch room job??	Objectives: wiping tables, sorting condiments, packaging silverware, stacking trays Procedures: help the students to complete the list of assigned jobs in the lunchroom using nonverbal cues as much as possible Materials: rags, table cleaner solution, condiments, silverware Evaluation: Murdoch data sheets as appropriate		
12:00-12:15 Independent work (see objectives from earlier independent work) Direct instruction with 3 students	Objectives: IEP goals/objectives, Reading functional sight words, matching coupons to prices of grocery lists Procedures: Edmark Reading Program Materials: Reading program Evaluation: work product, teacher made tests		
12:15-12:30 Math with 2 students	Objectives: Menu math, money skills, time skills, finding prices in grocery flyers Procedures: Life Skills Math Materials: money, clocks, menus, grocery flyers Evaluation: work product, teacher made tests, teaching programs from Murdoch		
12:15-12:30 Choice with 3 students	Objectives: Make a choice of leisure activities, communicate using visuals for desired activities, engage in appropriate leisure skills Procedures: Have students make a choice from the visual choice board and then engage in that activity for the period. Choices this week include: computer, puzzles, listening to music, and listening to books on tape Materials: choice board, activities Evaluation: work product		
12:30-1:00 Art Cooking	Objectives: different cutting and gluing techniques Procedures: for appropriate weather Materials: paper, glue, scissors, sheet of paper with pictures of cold and hot weather Evaluation: work product	Art  Cooking Objectives: identify recipe words, identify vocabulary related to the kitchen, identify items in a recipe and make a grocery list, look through flyers to find coupons to match grocery list Procedures: Review recipe for macaroni and cheese, make shopping list for making snack on Friday Materials: Recipe for mac and cheese Evaluation: teacher observation	Community Skills Objectives: find groceries to match a list at the grocery store, find appropriate money to pay for groceries, walk through the grocery store appropriately, listen seat belt on bus, put away groceries upon return Procedures: Make trip to grocery store and buy items for recipe and snack Materials: grocery list, money, transportation Evaluation: Shopping Out data sheet

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Sample Lesson Plans In Cooking For Kids

Deborah T. Hanfman



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