

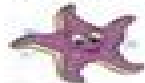


Red Cross Swim Preschool is an eight-level stand-alone program for four-month to six-year-old children that allows swimmers to enter various levels based on age and ability.

Each level is represented by an animal mascot that is incorporated into the content and makes the lesson engaging and fun, through songs and activities. Lesson plans are available to help Water Safety Instructors run dynamic classes for this age group.

Program Structure

Starfish



4-12 months

Parented, progression based on age

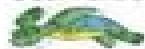
Duck



12-24 months

Parented, progression based on age

Sea Turtle



24-36 months

Parented, progression based on age

Sea Otter



3-5 years

Unparented, progression based on the successful completion of all performance criteria

Salamander



3-5 years

Unparented, progression based on the successful completion of all performance criteria

Sunfish



3-6 years

Unparented, progression based on the successful completion of all performance criteria

Crocodile



3-6 years

Unparented, progression based on the successful completion of all performance criteria

Whale



3-6 years

Unparented, progression based on the successful completion of all performance criteria

Program Materials

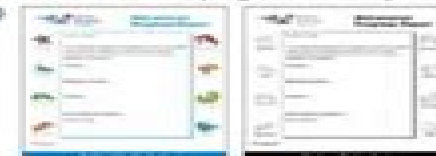
- *Red Cross Swim News: Overview, Preschool 4-36 months, and Preschool 3-6 years* (information piece for parents, [electronic format](#))



- *Red Cross Swim Preschool Instructor Worksheets* (tool for tracking attendance and completion, [electronic format](#))



- *Red Cross Swim Preschool Mid-Session Progress Report* (tool for communicating with parents about their child's progress half-way through the lesson set, [electronic format](#))



- *Red Cross Swim Preschool Progress Booklet* (tracking tool that instructors complete after each level)



- *Red Cross Swim Preschool Participation Sticker*

- *Red Cross Swim Preschool Completion Stickers (one for each level)*



Red Cross Swim Lesson Plan Template Kids

Zhe Xu

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