

## RED CROSS SWIM PRESCHOOL



Red Cross Swim Preschool is a seven-level stand-alone program allows swimmers to enter various levels based on age and ability.

Kids will enjoy the animal themes and mascots, which have been added to enhance learning and fun. Lesson plans that use the mascot and animal themes will be available to help Instructors run dynamic classes for this age group.

### Program Target

Four to six months to five-year-old children and their parents

### Program Type

The first two levels focus on water orientation and safety for parents and their children.

Levels 3-7 build swimming skills and age-specific Water Safety.

The upper levels are geared to the advanced preschooler who is too young for the next program, but who has developed swimming skills beyond most preschool programs.

### Structure

Seven-level program. Each level is represented by an animal mascot. The names are:

- Starfish
- Duck
- Sea Turtle
- Salamander
- Sunfish
- Crocodile
- Whale



The mascots are incorporated into the content and make the lesson engaging and fun, through the inclusion of songs and activities.

# Red Cross Swim Lesson Manual

**Marcel A. Müller**



## **Red Cross Swim Lesson Manual:**

**American Red Cross Water Safety Instructor's Manual** ,2004     American Red Cross Basic Aid Training Instructor's Manual ,1991     **Water Safety Instructor Manual** Canadian Red Cross Society. Water Safety Service, Mosby Lifeline, 1996     Water Safety Instructor's Manual American National Red Cross, 1961     Recreational Manual Minnesota Emergency Relief Administration. Department of Leisure Time, 1935     *Catalog of Copyright Entries. Third Series* Library of Congress. Copyright Office, 1967 Includes Part 1 Number 1 Books and Pamphlets Including Serials and Contributions to Periodicals January June     **Discover Swimming** Roberto Strauss, 2019-08-28 A common sense approach for teachers coaches PE students Are you the BEST swim instructor that you that you can be Are you the BEST parent that you can be That s why you chose this handbook WELCOME to the world of Discovering Swimming In this book I will share with you all the wisdom that I have been taught and as the founder and director of Swim Gym H2O s Foundation During this time educators from around the world my swim instructors the parents of my students have taught me but most of all I have learned from my students     **The Red Cross Courier** ,1929     *Infantry* ,1959     Swimming and Water Safety Courses: Instructor's Manual American National Red Cross, 1968

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### **Red Cross Swim Lesson Manual Introduction**

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