

Number of Servings:







597

Nutrition Facts

Serving Size

Whole Recipe (705g)

|--|--|

	% Daily Value *
Total Fat 38.6g	50%
Saturated Fat 9.6g	48%
Trans Fat 0g	
Cholesterol 33.6mg	17%
Sodium 310.2mg	13%
Total Carbohydrate 48.9g	18%
Dietary Fiber 15.4g	55%
Total Sugars 23.2g	46%
Includes — g Added Sugars	- %
Protein 20.8g	42%
Vitamin C 21.7mg	23%
Vitamin D 4.8mcg	24%
Iron 2mg	Tris
Calcium 530.8mg	41%
Potassium 1687,7mg	36%
Phosphorus 538.2mg	43%

[&]quot;The % Daily Value (DN) tells you have much a nutrient in a serving of food contributes to a daily diet, 2,000 calories a day is used for meneral nutrition artising.

Recipe Nutrition Fact Finder

Tracy Olgeaty Gensler

Recipe Nutrition Fact Finder:

Decoding Recipe Nutrition Fact Finder: Revealing the Captivating Potential of Verbal Expression

In a time characterized by interconnectedness and an insatiable thirst for knowledge, the captivating potential of verbal expression has emerged as a formidable force. Its capability to evoke sentiments, stimulate introspection, and incite profound transformations is genuinely awe-inspiring. Within the pages of "**Recipe Nutrition Fact Finder**," a mesmerizing literary creation penned with a celebrated wordsmith, readers attempt an enlightening odyssey, unraveling the intricate significance of language and its enduring impact on our lives. In this appraisal, we shall explore the book is central themes, evaluate its distinctive writing style, and gauge its pervasive influence on the hearts and minds of its readership.

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