

Personal Philosophy on Advanced Practice Nursing and Healthcare

Introduction

Caring, which is a mainstay characteristic of nursing practice, has been christened as a complex process that is grounded on professional and ethical contexts. While examining the nursing ethos that safeguard the right of patients to human dignity, Judge-Ellis and Wilson (2017) identified caring as a primary moral obligation of the ethical frameworks underlying these ethos. I chose to become an advanced practice nurse because my demeanor and my disposition are adequately suited for providing this care.

Nursing philosophy is an integral element that helps in the identification of the approach that a nursing practitioner adopts towards delivering his or her professional obligations (Marchuk, 2014). The purpose of this paper is to outline my personal philosophy on advanced practice nursing and healthcare with respect to my future role as an advanced practice nurse. In this paper, my personal philosophy concepts that are specific to the nursing metaparadigms are established from published philosophies. Through evidence-based justification of theory, this paper explains how Peplau's Theory of Interpersonal Relations relates to my future practice nursing role and my personal philosophy. To provide ethical and compassionate care to the patients in a healing environment, there needs to be reciprocity between the nurses and the patients, as this is the bedrock of patient-centered treatment care.

Advanced Practice Nursing Philosophy

With the implementation of the Patient Protection and Affordable Care Act of 2010, more emphasis has been dedicated towards identifying the roles of healthcare professionals in guaranteeing the safety and safeguarding the rights of the patients (American Nurses Association, 2018).



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