

# FLAG FOOTBALL

PACKET # 31

## INSTRUCTIONS

This Learning Packet has two parts: (1) text to read and (2) questions to answer.

The text describes a particular sport or physical activity, and relates its history, rules, playing techniques, scoring, notes and more.

The Response Forms (questions and puzzles) check your understanding and appreciation of the sport or physical activity.

## INTRODUCTION

Flag football is a game that can be enjoyed by everyone. It includes running, throwing and catching. A team's strategy is the most important part of the game. Pads or helmets are not required since tackling or blocking is not allowed.

In flag football games, teams of five players throw and run with a football to move down the field. The team with the ball is referred to as the offense and the team without the ball is called the defense. The defense tries to stop the offense by pulling a flag out of the belt of the player who has the ball.



## HISTORY OF THE GAME

The game of American football has been played since the mid-1800's. The first college game occurred between Princeton and Rutgers in November of 1869. The professional game of football has been played in some form since 1895.

It is believed that touch football had its beginnings in the 1930's and that flag football was played in the early 1940's as a recreational sport for military personnel. Recreational

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Encyclopedia of Associations ,2006-12      *Private Independent Schools* ,1981      **Resources in Education** ,1979  
**Boys' Life** ,1946-06 Boys Life is the official youth magazine for the Boy Scouts of America Published since 1911 it contains a proven mix of news nature sports history fiction science comics and Scouting      **Flag Football Rules** ,1959  
**The New Woman's Survival Sourcebook** Kirsten Grimstad,Susan Rennie,1975      **El-Hi Textbooks and Serials in Print** ,1985      **Flag Football** University of Florida,2006-01-30      **Directory of Special Libraries and Information Centers** ,2009      Ninth Grade Flag Football for a Modular Schedule Physical Education Program Melvin C. Bailey,1970

## Whispering the Secrets of Language: An Mental Quest through **Physical Education Learning Packets Flag Football**

In a digitally-driven earth wherever monitors reign supreme and instant connection drowns out the subtleties of language, the profound secrets and mental nuances hidden within words usually get unheard. However, situated within the pages of **Physical Education Learning Packets Flag Football** a charming literary value pulsing with organic feelings, lies a fantastic journey waiting to be undertaken. Written by a skilled wordsmith, that wonderful opus encourages viewers on an introspective trip, delicately unraveling the veiled truths and profound affect resonating within the cloth of every word. Within the psychological depths of this poignant evaluation, we can embark upon a sincere exploration of the book is primary themes, dissect its charming publishing model, and fail to the powerful resonance it evokes heavy within the recesses of readers hearts.

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