# Case Study: Personal Trainer, Inc. - Chapter 3

Personal Trainer, Inc. owns and operates fitness centers in a dozen Midwestern cities. The centers have done well, and the company is planning an international expansion by opening a new "supercenter" in the Toronto area. Personal Trainer's president, Cassia Umi, hired an IT consultant, Susan Park, to help develop an information system for the new facility. During the project, Susan will work closely with Gray Lewis, who will manage the new operation.

## Background

You are enjoying your job as a student intern at Personal Trainer. Last week, Susan asked you to help her plan the new information system project. Susan knows that you have completed several information systems courses at the local college, and that you have studied project management tools and techniques.

Specifically, she wants you to get ready for the next set of systems development tasks, which will be requirements modeling for the new system. Yesterday, Susan called you into her office to discuss the specific tasks she wants you to perform. After meeting with Susan, you sit down and review your notes. She wants you to treat the set of tasks as a project, and to use project management skills to plan the tasks.

Here is what she suggested to you as a work breakdown structure, including the duration she estimated for each task:

- First, you need to meet with fitness center managers at other Personal Trainer locations (5 days).
- After these meetings, you can conduct a series of interviews (5 days).
- When the interviews are complete, two tasks can begin at the same time: you can review company records (3 days) and observe business operations (8 days).
- When you have reviewed the records and observed business operations, you can analyze
  the BumbleBee accounting software (5 days) and study a sample of sales and billing
  transactions (2 days).
- After completing the analysis and studying the sales transactions, prepare a report for Susan (1 day)

# **Personal Trainer Inc Case Study Answers**

**Don Morrison** 

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### **Table of Contents Personal Trainer Inc Case Study Answers**

- 1. Understanding the eBook Personal Trainer Inc Case Study Answers
  - The Rise of Digital Reading Personal Trainer Inc Case Study Answers
  - Advantages of eBooks Over Traditional Books
- 2. Identifying Personal Trainer Inc Case Study Answers
  - Exploring Different Genres
  - Considering Fiction vs. Non-Fiction
  - Determining Your Reading Goals
- 3. Choosing the Right eBook Platform
  - Popular eBook Platforms
  - $\circ\,$  Features to Look for in an Personal Trainer Inc Case Study Answers
  - User-Friendly Interface
- 4. Exploring eBook Recommendations from Personal Trainer Inc Case Study Answers
  - Personalized Recommendations
  - Personal Trainer Inc Case Study Answers User Reviews and Ratings
  - Personal Trainer Inc Case Study Answers and Bestseller Lists
- 5. Accessing Personal Trainer Inc Case Study Answers Free and Paid eBooks
  - Personal Trainer Inc Case Study Answers Public Domain eBooks

- Personal Trainer Inc Case Study Answers eBook Subscription Services
- Personal Trainer Inc Case Study Answers Budget-Friendly Options
- 6. Navigating Personal Trainer Inc Case Study Answers eBook Formats
  - ePub, PDF, MOBI, and More
  - Personal Trainer Inc Case Study Answers Compatibility with Devices
  - Personal Trainer Inc Case Study Answers Enhanced eBook Features
- 7. Enhancing Your Reading Experience
  - o Adjustable Fonts and Text Sizes of Personal Trainer Inc Case Study Answers
  - Highlighting and Note-Taking Personal Trainer Inc Case Study Answers
  - o Interactive Elements Personal Trainer Inc Case Study Answers
- 8. Staying Engaged with Personal Trainer Inc Case Study Answers
  - Joining Online Reading Communities
  - Participating in Virtual Book Clubs
  - Following Authors and Publishers Personal Trainer Inc Case Study Answers
- 9. Balancing eBooks and Physical Books Personal Trainer Inc Case Study Answers
  - Benefits of a Digital Library
  - Creating a Diverse Reading Collection Personal Trainer Inc Case Study Answers
- 10. Overcoming Reading Challenges
  - o Dealing with Digital Eye Strain
  - Minimizing Distractions
  - Managing Screen Time
- 11. Cultivating a Reading Routine Personal Trainer Inc Case Study Answers
  - Setting Reading Goals Personal Trainer Inc Case Study Answers
  - Carving Out Dedicated Reading Time
- 12. Sourcing Reliable Information of Personal Trainer Inc Case Study Answers
  - Fact-Checking eBook Content of Personal Trainer Inc Case Study Answers
  - Distinguishing Credible Sources
- 13. Promoting Lifelong Learning
  - Utilizing eBooks for Skill Development
  - Exploring Educational eBooks

- 14. Embracing eBook Trends
  - Integration of Multimedia Elements
  - Interactive and Gamified eBooks

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