

SP-1 SAMPLE STUDENT RESEARCH PAPER IN MLA FORMAT

Chauncey 1

Shanna R. Chauncey
Professor Chavez
English 112
5 January 2002

Traditional and Alternative Health Care for the Future

indent 1/2"

Personal anecdote creates interest and shows writer's purpose and connection to the topic. The public issue or thesis is clarified in second paragraph.

As a doctor's daughter I learned early how conventional medicine works. In my own home the topic of illness never came up except if one of us contracted strep throat, flu, or the occasional childhood disease such as mumps. We knew the procedure from that point—a look at our throat, the quick touch on our foreheads to determine whether we had a fever, and then the dreaded shot or pill. After that we spent a couple of days on the couch watching TV until we were no longer contagious. Although I knew my father was a highly respected and dedicated physician, I never got the feeling that he considered other factors that may or may not have contributed to our health. He openly scoffed at the mention of the few alternative approaches that somehow managed to enter the conversation at the dinner table, such as massage, chiropractic, or acupuncture. As I got older, I began to wonder at my father's philosophy of medicine, which I discovered represented the typical doctor's thinking in America. He seemed very knowledgeable about the scientific aspects of his field. He regularly attended medical conferences and he stayed abreast of the current advances. But it seemed to me that his scientific expertise was spent treating the symptoms of illness, through either medicine or surgery, not determining the ultimate causes.

The questioning of conventional medicine that I began as a young woman mirrors the current questioning of our whole society. According to a report compiled by Dr. David Eisenberg of Boston's Deaconness Medical Center, 40% of the adult population seeks alternative medical care, making more visits to these practitioners than to medical doctors (qtd. in Cowley and Underwood). It is no longer good enough for many of us to wait until we get sick to obtain the healing pill or surgical procedure. We don't feel as comfortable in the submissive role as patient receiving orders from an all-knowing physician. The time has come for conventional practitioners to include alternative therapies in their treatment plans, because alternative medicine addresses the public's desire for holistic care, prevention, and guidance in how to establish a healthy

First time an author is mentioned, give first and last name and some additional identifying information.

Although Eisenberg is being summarized, he is not the author of the article. (See section Q-3, item 3.) No page reference with one-page articles. Note how source material is integrated into the discussion both before and after.

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Table of Contents Personal Essay And Research Paper

1. Understanding the eBook Personal Essay And Research Paper
 - The Rise of Digital Reading Personal Essay And Research Paper
 - Advantages of eBooks Over Traditional Books
2. Identifying Personal Essay And Research Paper
 - Exploring Different Genres
 - Considering Fiction vs. Non-Fiction
 - Determining Your Reading Goals
3. Choosing the Right eBook Platform
 - Popular eBook Platforms
 - Features to Look for in an Personal Essay And Research Paper
 - User-Friendly Interface
4. Exploring eBook Recommendations from Personal Essay And Research Paper
 - Personalized Recommendations
 - Personal Essay And Research Paper User Reviews and Ratings
 - Personal Essay And Research Paper and Bestseller Lists
5. Accessing Personal Essay And Research Paper Free and Paid eBooks
 - Personal Essay And Research Paper Public Domain eBooks
 - Personal Essay And Research Paper eBook Subscription Services
 - Personal Essay And Research Paper Budget-Friendly Options

6. Navigating Personal Essay And Research Paper eBook Formats
 - ePub, PDF, MOBI, and More
 - Personal Essay And Research Paper Compatibility with Devices
 - Personal Essay And Research Paper Enhanced eBook Features
7. Enhancing Your Reading Experience
 - Adjustable Fonts and Text Sizes of Personal Essay And Research Paper
 - Highlighting and Note-Taking Personal Essay And Research Paper
 - Interactive Elements Personal Essay And Research Paper
8. Staying Engaged with Personal Essay And Research Paper
 - Joining Online Reading Communities
 - Participating in Virtual Book Clubs
 - Following Authors and Publishers Personal Essay And Research Paper
9. Balancing eBooks and Physical Books Personal Essay And Research Paper
 - Benefits of a Digital Library
 - Creating a Diverse Reading Collection Personal Essay And Research Paper
10. Overcoming Reading Challenges
 - Dealing with Digital Eye Strain
 - Minimizing Distractions
 - Managing Screen Time
11. Cultivating a Reading Routine Personal Essay And Research Paper
 - Setting Reading Goals Personal Essay And Research Paper
 - Carving Out Dedicated Reading Time
12. Sourcing Reliable Information of Personal Essay And Research Paper
 - Fact-Checking eBook Content of Personal Essay And Research Paper
 - Distinguishing Credible Sources
13. Promoting Lifelong Learning
 - Utilizing eBooks for Skill Development
 - Exploring Educational eBooks
14. Embracing eBook Trends
 - Integration of Multimedia Elements

- Interactive and Gamified eBooks

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