

How to Write an Autobiography

Tips to write an autobiography:

Like the examples of autobiographies discussed above, any autobiography needs to deal with a few aspects:

Introduction: One needs to give an introduction about themselves in the autobiography. This introduction needs to contain basic aspects like name, where you live, when and where were you born, what conditions were you born in, etc.

You in totality: This part of the autobiography deals with a general point of view, that you hold about yourself. It also needs to let the reader be able to visualize you in the current day. You need to include your current situations, habits, lifestyle etc.

Life, in general: This part of the autobiography deals with your view about life, on a general note. You need to include your understanding of life and its implications. This part is your route to propound your belief. So, make it descriptive.

View and aims: Here, you talk about where do you see yourself in the future or what you expect to happen in the future. This part, mostly, should be in compatibility with the previous aspect, else your reader could get confused and lose interest in the book.

Conclusion: Like all stories, an autobiography also needs to have an apt conclusion. You can leave a lasting impression on the reader with the help of your conclusion. Remember, you do not need to have a "moral of the story". You can simply end it with hope, if you like.

Always remember, it is your autobiography, not an example of an autobiography, you can write it the way you like. So, experiment and enjoy. As they say, "if you find it interesting while writing it, the reader will find it interesting while reading it". This is where I sign off. Hope to find your autobiography on the stands soon!!

By [Rashida Khilawala](#)

How to begin writing an autobiography

When writing an autobiography, focus on FOUR major things: (1) who you are in life (how would you describe your personality), (2) what life means to you, (3) what major life events or critical issues have had an impact on your life, and (4) what your outlook on the future is.

The first thing you do when writing an autobiography is start off with a lot of facts about

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