

OFFICIAL RULE BOOK

RULE NO. 1 COURT DIMENSIONS— EQUIPMENT

Section I—Court and Dimensions

- a. The playing court shall be measured and marked as shown in the court diagram. (See page 191)
- b. A free throw lane shall be marked at each end of the court with dimensions and markings as shown on the court diagram. All boundary lines are part of the lane; lane space marks and neutral zone marks are not. The color of the lane space marks and neutral zones shall contrast with the color of the boundary lines. The areas identified by the lane space markings are 2" by 8" inches and the neutral zone marks are 12" by 8".
- c. A free throw line shall be drawn (2" wide) across each of the circles indicated in the court diagram. It shall be parallel to the end line and shall be 15' from the plane of the face of the backboard.
- d. The three-point field goal area has parallel lines 3' from the sidelines, extending from the baseline and an arc of 23'9" from the middle of the basket which intersects the parallel lines.
- e. Four hash marks shall be drawn (2" wide) perpendicular to the sideline on each side of the court and 28' from the baseline. These hash marks shall extend 3' onto the court.
- f. Four hash marks shall be drawn (2" wide) perpendicular to the baseline on each side of the free throw lane line. These hash marks shall be 3' from the free throw lane line and extend 6" onto the court.
- g. Four hash marks shall be drawn (2" wide) parallel to the baseline on each side of the free throw circle. These hash marks shall be 13' from the baseline and 3' from the free throw lane lines and shall be 6" in length.
- h. Two hash marks shall be drawn (2" wide) perpendicular to the sideline, in front of the scorer's table, and 4' on

each side of the midcourt line. This will designate the Substitution Box area.

- i. A half-circle shall be created 4' from the center of the basket and then parallel to the lane line to the face of the backboard with a solid two-inch line.

Section II—Equipment

- a. The backboard shall be a rectangle measuring 6' horizontally and 3 1/2' vertically. The front surface shall be flat and transparent.
- b. A transparent backboard shall be marked with a 2" white rectangle centered behind the ring. This rectangle shall have outside dimensions of 24" horizontally and 18" vertically. 24" horizontally and 18" vertically.
- c. Home management is required to have a spare board with supporting unit on hand for emergencies, and a steel tape or extension ruler and a level for use if necessary.
- d. Each basket shall consist of a pressure-release NBA approved metal safety ring 18" in inside diameter with a white cord net 15" to 18" in length. The cord of the net shall not be less than 30 thread nor more than 120 thread and shall be constructed to check the ball momentarily as it passes through the basket.
- e. Each basket ring shall be securely attached to the backboard with its upper edge 10' above and parallel to the floor and equidistant from the vertical edges of the board. The nearest point of the inside edge of the ring shall be 6" from the plane of the face of the board. The ring shall be painted orange.
- f. (1) The ball shall be an officially approved NBA ball between 7 1/2 and 8 1/2 pounds pressure. (2) Six balls must be made available to each team for pre-game warmup.
- g. At least one electric light is to be placed behind the backboard, obvious to officials and synchronized to light up when the horn sounds at the expiration

Official Rule Book Nba

Peipei Pang



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Official Rules of the National Basketball Association Sporting News,2002-09-24 The Official NBA Rules Book officially licensed by the NBA contains the official rules and regulations of the game Updated annually the Official NBA Rules Book contains all official rules changes implemented for the upcoming season **Official Rules of the NBA** National Basketball Association,2004-09-03 Need to contest the referees Now you can with the 2004 2005 NBA Rules Book From shot clock violations to the shattering of backboards everything you want to know about NBA rules This is the official rule book used by NBA referees updated for 2004 05 **Official NBA Rules, 1996-97** Sporting News,1996-09 This is the official rule book used by NBA referees updated for the 1996 97 season A detailed index makes it easy to find any rule you want to explore and diagrams of court dimensions and referees official signals are also included **Official NBA Rules** Sporting News,2006-09

The Small Book of Hip Checks Erica Rand,2020-11-23 In *The Small Book of Hip Checks* Erica Rand uses multiple meanings of hip check including an athlete using their hip to throw an opponent off balance and the inspection of racialized gender to consider the workings of queer gender race and writing Explicitly attending to processes of writing and revising Rand pursues interruption rethinking and redirection to challenge standard methods of argumentation and traditional markers of heft and fluff She writes about topics including a trans shout out in a Super Bowl ad the heyday of lavender dildos ballet dancer Misty Copeland the criticism received by figure skater Debi Thomas and tennis great Serena Williams for competing in bodysuits while Black and the gendering involved in identifying the remains of people who die trying to cross into the United States south of Tucson Arizona Along the way Rand encourages making muscle memory of experimentation and developing an openness to being conceptually knocked sideways In other words to be hip checked **Official Gazette of the United States Patent and Trademark Office** ,1994 **Ultimate Book of Sports** Scott McNeely,2012-10-10 Information on over 250 sports including rules and trivia **Sports Performance Measurement and Analytics** Lorena Martin,2016-02-03 A PRACTICAL REAL WORLD GUIDE TO ANALYTICS FOR THE 5 MAJOR SPORTS FOOTBALL BASKETBALL BASEBALL SOCCER AND TENNIS GAIN A COMPETITIVE EDGE This is the first real world guide to building and using analytical models for measuring and assessing performance in the five major sports football basketball baseball soccer and tennis Unlike books that focus strictly on theory this book brings together sports measurement and statistical analyses demonstrating how to examine differences across sports as well as between player positions This book will provide you with the tools for cutting edge approaches you can extend to the sport of your choice Expert Northwestern University data scientist UC San Diego researcher and competitive athlete Lorena Martin shows how to use measures and apply statistical models to evaluate players reduce injuries and improve sports performance You ll learn how to leverage a deep understanding of each sport s principles rules attributes measures and performance outcomes Sports Performance Measurement and Analytics will be an indispensable resource for anyone who wants to bring analytical rigor to athletic

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Reference Sources for Small and Medium-sized Libraries, Eighth Edition Jack O'Gorman, 2014-02-25 Focusing on new reference sources published since 2008 and reference titles that have retained their relevance this new edition brings O'Gorman's complete and authoritative guide to the best reference sources for small and medium sized academic and public libraries fully up to date About 40 percent of the content is new to this edition Containing sources selected and annotated by a team of public and academic librarians the works included have been chosen for value and expertise in specific subject areas Equally useful for both library patrons and staff this resource Covers more than a dozen key subject areas including General Reference Philosophy Religion and Ethics Psychology and Psychiatry Social Sciences and Sociology Business and Careers Political Science and Law Education Words and Languages Science and Technology History and Performing Arts Encompasses database products CD ROMs websites and other electronic resources in addition to print materials Includes thorough annotations for each source with information on author editor publisher cost format Dewey and LC classification numbers and more Library patrons will find this an invaluable resource for current everyday topics Librarians will appreciate it as both a reference and collection development tool knowing it's backed by ALA's long tradition of excellence in reference selection

Official NBA Rules Sporting News, Sporting News Staff, Craig Carter, D.D, 1999-08 The official rulebook used by the NBA referees this manual features a detailed index that makes it easy to find any rule plus diagrams of court dimensions and referees official signals

Ball Don't Lie Santiago Colás, 2016-04-05 Pro basketball player Rasheed Wallace often exclaimed the pragmatic truth Ball don't lie during a game It is a protest against a referee's bad calls But the slogan which originated in pickup games brings the

reality of a racialized urban playground into mainstream American popular culture In *Ball Don't Lie* Yago Col's traces the various forms of power at work in the intersections between basketball and language from the game's invention to the present day He critiques existing popular myths concerning the history of basketball contextualizes them and presents an alternative history of the sport inspired by innovations Col's emphasizes the creative prerogative of players and the ways in which their innovations shape and are shaped by broader cultural and social phenomena *Ball Don't Lie* shows that basketball cannot be reduced to a single fixed or timeless essence but instead is a continually evolving exhibition of physical culture that flexibly adapts to and sparks changes in American society *Sports Coverage* William Micheo, 2020-10-05 Note to Readers Publisher does not guarantee quality or access to any included digital components if book is purchased through a third party seller This essential handbook for sports medicine clinicians combines resources from various United States and International Olympic Committee sporting guidelines national and international youth scholastic collegiate and professional associations and real world experience to provide the most up to date and relevant information needed to fulfill coverage duties for sporting events Easy to read concise and complete this guide is a one stop reference for sideline medical coverage of nearly fifty sports Geared for live event coverage chapters deliver quick hit specifics designed for in the moment use on the field The book opens with a review of general coverage concepts applicable to most sports along with chapters dedicated to overriding medical concerns including emergency management nutrition and hydration adaptive sports considerations and doping in sports among other key topics The core of the book focuses on coverage details for individual sports organized by contact level and presented in a templated format for quick identification Each sport focused chapter describes its history governing organizations participants rules and regulations equipment medical coverage logistics medical emergencies and common injuries A dedicated Medical Bag for every sport outlines the necessary items providers should have at hand for managing emergencies and common injuries This essential handbook belongs in every sports bag and will serve as a ready resource for clinicians and sideline personnel covering sporting events at any level Key Features Handy reference for on field sideline or event sports coverage with digital access for mobile use on most devices Current guidelines for almost 50 sports including information specific to the disabled athlete when applicable Every chapter contains sport specific information on emergencies and common injuries What's in your bag Highlights medical bag essentials by sport so you're always prepared Includes general chapters on clinician role traveling with a team pre participation exams medicolegal and ethical concerns and approach to signature medical emergencies in sports *Jet*, 1997-05-05 The weekly source of African American political and entertainment news **Official NBA Rules** National Basketball Association, 1998-09 The official rulebook used by the NBA referees this manual features a detailed index that makes it easy to find any rule plus diagrams of court dimensions and referees official signals **Official NBA Rules** Sporting News, Sporting News Staff, 2001-09-16 This pocket sized up to date handbook is the only rule book officially licensed and approved by the NBA *Official NBA Rules 2003-04* Sporting

News,National Basketball Association,2003-09-01 The official rule book for the NBA is presented here with the same rules and regulations used by professional referees including all official rule changes for the upcoming season an accessible index official referee signals diagrams of court dimensions and much more Original **Rand McNally Official Guide and Hand Book** ,1879 Great Scouts! Nora Paul,Margot Williams,1999 The most common complaint about the World Wide Web is its enormity and the time it takes to sift through its vast resources This book highlights specific subject areas and outlines the best starting points for finding information quickly **Spaced Out** Mike Prada,2022-11-01 A hands on illuminating deconstruction of NBA basketball tracing the tactical evolution of the modern game As the NBA celebrates and surpasses 75 years of existence today s game looks nothing like it did in generations past when Bill Russell Wilt Chamberlain and Kareem Abdul Jabbar took turns ruling the league But it s also entirely different from a decade even half decade ago Today s stars enter the league with more versatility and fluidity than ever before and they need it to handle the strategies philosophies schemes skill sets movement patterns and measures of basketball intelligence that simply didn t exist in the past Spaced Out tells the story of what professional basketball looks like right now and how it got here Taking a court level view Mike Prada breaks down high level play to elucidate the athleticism strategy and skill demonstrated on a nightly basis while shining a light on the historical forces that have dramatically altered the shape of the game and the role of its superstars Topics covered include the explosion of three point shooting the rise and fall and rise again of zone defense the impact of tighter enforcement of perimeter contact rules and other pivotal factors impacting the pro game From Xs and Os to keen historic analysis this definitive volume will reveal the intricacies of a beautiful game for savvy fans players and coaches alike *The Ultimate Book of Pub Trivia by the Smartest Guy in the Bar* Austin Rogers,2022-02-22 Knock back a brew and play a few rounds of the greatest most fascinating and hilarious pub trivia ever devised written by 12 time Jeopardy champion Austin Rogers a longtime New York City bartender and pub trivia host for 15 years

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