# Healthy Snacks







Dear Families,

I allow time each day for the students to eat a healthy snack while they are working. I found this interesting article online that gives ideas of good healthy snack options. Students are not expected to bring a snack but it is a daily option if you choose for them to have a snack.

If you have any questions, please feel free to contact me!

Sincerely,

## **Sample Letter To Parents About Healthy Snacks**

**RJ Alexander** 

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