

# INDIVIDUAL SERVICE PLAN

Client Name: \_\_\_\_\_

Date of Intake: \_\_\_\_\_

Case Manager: \_\_\_\_\_

Client DOB: \_\_\_\_\_

## Part 1: Housing Stability

Goal	Strategies/Steps	Target Date	Dated Achieved	Notes
1. Obtaining/Maintaining housing	1.			
	2.			
	3.			
	4.			
2. Family Reunification	1.			
	2.			
	3.			
	4.			

Client Strengths: \_\_\_\_\_

\_\_\_\_\_

Client Obstacles: \_\_\_\_\_

\_\_\_\_\_

Progress Summary: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

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\_\_\_\_\_

# Sample Individual Service Plan

**DJ Losen**



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mar 9 2022 in 2021 the bodybuilding and fitness community lost 21 dedicated bodybuilders it became one of the darkest times in bodybuilding history and sparked outrage in the bodybuilding community the center of the conversation was focused on steroid use despite the fact that some of these deaths were noted as a result of non steroid related issues

**cedric mcmillan star bodybuilder dead at 44 cnn** - Dec 11 2022

apr 13 2022 cnn bodybuilder cedric mcmillan has died at the age of 44 his sponsor confirmed tuesday we regret to inform you that our friend and brother cedricmcmillan passed away today cedric will

*bodybuilder dies after steambath post workout dehydration was* - Feb 01 2022

the sudden death of renowned bodybuilder yogesh has shocked the fitness community yogesh a nine time champion died shortly after a workout session at a gym in chennai preliminary

**female bodybuilder and fitness influencer dies suddenly** - Mar 14 2023

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oct 20 2023 in february 2023 it was reported that champion bodybuilder tonya knight had passed away aged 56 following a lengthy battle with cancer tonya was an american champion bodybuilder who was born in

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jun 6 2023 hiv and viral hepatitis along with sharing needles may also be the cause of death among bodybuilders the mortality of rate of bodybuilders compared to the male population is 34 higher in 2023 professional bodybuilders were found to die at a lower rate than professional wrestlers

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jan 18 2022 bodybuilding deaths 2022 tue 2022 01 18 17 29 every year we report on the sad news of deaths in bodybuilding this is without question our least favourite topic to cover but these icons deserve to be remembered for the inspiration they provided the lives they touched and how they helped shape the industry as we know it today

*mr olympia champion bodybuilder shawn rhoden dies aged 46* - Feb 13 2023

nov 6 2021 rhoden who was crowned mr olympia in 2018 at the age of 43 making him the oldest bodybuilder to ever win the title remained committed to bodybuilding until his death while an official

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fri 2021 10 15 19 30 throughout this past year we ve shared the news far too often of great names in the bodybuilding community that has passed away anytime we hear of another fitness icon that has passed it seems to tear away a piece of us that just can t be replaced

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jan 30 2023 premature deaths in bodybuilders regularly make headlines and are cited as evidence that bodybuilding is a dangerous activity a wealth of research has revealed elite athletes typically enjoy lower mortality rates than non athletes but research on bodybuilder lifespan is surprisingly limited

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oct 17 2023 renowned brazilian bodybuilder christian figueiredo s tragic demise has left the fitness world in shock with the cause of his death linked to a seemingly routine liver surgery the accomplished bodybuilder had undergone the surgical procedure to remove a lump from his liver a process initially anticipated to be straightforward

*bodybuilder raechele chase dies suddenly with cause of death - May 16 2023*

oct 20 2023 raechele s rise to fame raechele was most well known for being a fitness influencer and a former bodybuilder her career started in bodybuilding where she became the first kiwi woman to have taken part in the figure olympia bodybuilding event back in 2011 in las vegas she later became an internet sensation getting a whopping 1 4million facebook

**champion bodybuilder killed at the gym leaving bodybuilding - Jun 05 2022**

oct 20 2023 eustacio batista dias was a brazilian bodybuilder who had around 11 000 followers on instagram the 27 year old used to share his training rituals with his fans but a mistake on tuesday cost him his life two gunmen shot and killed the brazilian bodybuilder while he was training at the gym if reports were to be believed the accused got to

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13 april 2022 getty images cedric mcmillan and arnold schwarzenegger in 2017 american bodybuilder cedric mcmillan has died at the age of 44 after health complications caused by covid 19

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