

1. Press **ON** **OFF** **0**.
2. Press **1**, **2**, **3**, **4** to hear the different ring tones.
3. Press **OK** to store the ring tone.

Northern Telecom User Guide

JA Banks



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web starten sie mit einem gesunden power frühstück in den tag der haferbrei porridge kommt aus schottland und wird traditionell mit haferflocken und wasser zubereitet es gibt aber zahlreiche abwandlungen etwa mit milch mandelmilch

hafermilch co sowie mit anderen getreidesorten wie dinkel hirse oder amaranth