

## RED CROSS SWIM PRESCHOOL



Red Cross Swim Preschool is a seven-level stand-alone program allows swimmers to enter various levels based on age and ability.

Kids will enjoy the animal themes and mascots, which have been added to enhance learning and fun. Lesson plans that use the mascot and animal themes will be available to help Instructors run dynamic classes for this age group.

### Program Target

Four to six months to five-year-old children and their parents

### Program Type

The first two levels focus on water orientation and safety for parents and their children.

Levels 3-7 build swimming skills and age-specific Water Safety.

The upper levels are geared to the advanced preschooler who is too young for the next program, but who has developed swimming skills beyond most preschool programs.

### Structure

Seven-level program. Each level is represented by an animal mascot. The names are:

- Starfish
- Duck
- Sea Turtle
- Salamander
- Sunfish
- Crocodile
- Whale



The mascots are incorporated into the content and make the lesson engaging and fun, through the inclusion of songs and activities.

# Red Cross Swim Lesson Manual

**Thomas Griffiths**



## **Red Cross Swim Lesson Manual:**

Discover tales of courage and bravery in is empowering ebook, Stories of Fearlessness: **Red Cross Swim Lesson Manual** . In a downloadable PDF format ( Download in PDF: \*), this collection inspires and motivates. Download now to witness the indomitable spirit of those who dared to be brave.

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