

# HAHS Cheerleading Merit/Demerit System



## Demerit Offenses

- **Tardy/leaving early** Excused (1)  
Unexcused (2)  
Doctor Excuse/other Emergency (0)  
 \*Includes after half-time  
 \*On time is **READY** to practice or cheer!  
 \*If going to be late the cheerleader must contact **EVERY TIME. We need it**  
 the coaches directly. **NOT** another cheerleader. **within 2 day after a missed game/practice).**
- **Absent from games or sponsored events** Excused (1)  
Unexcused (3)  
Doctor Excuse or other +Emergency (0)  
 \*If missing a game or event, the cheerleader must contact the coaches directly prior to the game/event, **NOT** another cheerleader. Work is **NOT** an excuse!
- **Failure to attend practice/leaving early** Excused (1)  
Unexcused (3)  
Doctor Excuse or other emergency (0)  
 \*If missing a practice please contact the coaches directly prior to missing, **NOT** another cheerleader.
- **Turning in money, permission slips or items that need signed/returned** (1) per day late
- **Failure to be dressed appropriately for games/practice** (1)  
 \*uniform, poms, socks, shoes, no jewelry, bows etc.
- **Showing Disrespect to Coaches/Squad Members (includes negatively speaking about one another and rude comments/behavior)** (3)
- **Not showing respect during the National Anthem** (2)
- **Unsportsmanlike Conduct** (2)
- **Profanity at practice/game** (3)
- **Lack of Cooperation at practice/games** (1)  
 \*Includes excessive talking, refusing to do cheers/chants/etc.
- **Not having a current/active way of contact for the coaches to reach the cheerleader** (3) each time  
 \*not responding to emails/texts about practices, games, etc. when asked

# Sample Cheerleading Demerit Form

**Karin Nielsen-Saines**



**Sample Cheerleading Demerit Form:**

The book delves into Sample Cheerleading Demerit Form. Sample Cheerleading Demerit Form is an essential topic that must be grasped by everyone, from students and scholars to the general public. This book will furnish comprehensive and in-depth insights into Sample Cheerleading Demerit Form, encompassing both the fundamentals and more intricate discussions.

1. The book is structured into several chapters, namely:

- Chapter 1: Introduction to Sample Cheerleading Demerit Form
- Chapter 2: Essential Elements of Sample Cheerleading Demerit Form
- Chapter 3: Sample Cheerleading Demerit Form in Everyday Life
- Chapter 4: Sample Cheerleading Demerit Form in Specific Contexts
- Chapter 5: Conclusion

2. In chapter 1, this book will provide an overview of Sample Cheerleading Demerit Form. The first chapter will explore what Sample Cheerleading Demerit Form is, why Sample Cheerleading Demerit Form is vital, and how to effectively learn about Sample Cheerleading Demerit Form.

3. In chapter 2, this book will delve into the foundational concepts of Sample Cheerleading Demerit Form. The second chapter will elucidate the essential principles that need to be understood to grasp Sample Cheerleading Demerit Form in its entirety.

4. In chapter 3, the author will examine the practical applications of Sample Cheerleading Demerit Form in daily life. This chapter will showcase real-world examples of how Sample Cheerleading Demerit Form can be effectively utilized in everyday scenarios.

5. In chapter 4, this book will scrutinize the relevance of Sample Cheerleading Demerit Form in specific contexts. The fourth chapter will explore how Sample Cheerleading Demerit Form is applied in specialized fields, such as education, business, and technology.

6. In chapter 5, the author will draw a conclusion about Sample Cheerleading Demerit Form. This chapter will summarize the key points that have been discussed throughout the book.

The book is crafted in an easy-to-understand language and is complemented by engaging illustrations. This book is highly recommended for anyone seeking to gain a comprehensive understanding of Sample Cheerleading Demerit Form.

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