# Playground Memory

In elementary school, I had many experiences that garnered memories. I was often bullied on the playground during recess because of my skinniness and height. The larger boys saw me as a target for their ego to inflate. They might have had problems at home, or were bullied themselves, and were projecting their frustrations on me.

Anyways, after being locked in a locker, put headfirst into a toilet, punched and pushed around, called names, played jokes on, and other abuse, I finally had enough. I cracked. I could not psychologically take anymore hurt and punctures to my self-esteem.

A day or two after my birthday, I was on the school basketball court, shooting hoops. My mother had given me a basketball as a gift, and I was reveling in the fun of this new sport. But as expected (though I did not think about it at the time), another child started to bother me. He came up to me, and without a word, took the basketball out of my hands as I was dribbling. I was so shocked and emotionally tied to that gift that without a moment's notice, I punched the kid in the face. I knocked him down and he immediately ran away crying. I never asked if he was playfully taking the ball from me, but I had had enough bullying in my day to react strongly to such an action.

Apparently, the boy went to the principal and reported my violence. I was called to the principal's office during my next class, and walked in with my own form of ethics. The boy had been a bully, and he deserved a repercussion. However, the principal and I did not see eye to eye, naturally. He called my mother about the incident, and she was surprised that I would do such a thing. I had always been the quiet kid, playing with toys by himself, or tagging along with other children as more of a witness than a major participant. No one's mother expects their child to punch someone, but it happens for certain reasons. In my case, I had been dominated by my classmates for years, and that pent-up anger and shame resulted in a violent action.

From then on, I figured out that I did not need to be bullied. I could take action. I could respond. I found that my anger and resentment gave me a wild and unstoppable strength, which was unmatched by the usual fighting powers of a

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**RJ Shavelson** 

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