

MANUAL MUSCLE TESTING PROCEDURES

Key to Muscle Grading

	Function of the Muscle	Grade		
No Movement	No contractions felt in the muscle	0	0	Zero
	Tendon becomes prominent or feeble contraction felt in the muscle, but no visible movement of the part	T	1	Trace
Test Movement	MOVEMENT IN HORIZONTAL PLANE			
	Moves through partial range of motion	1	2-	Poor-
	Moves through complete range of motion	2	2	Poor
	ANTIGRAVITY POSITION	3	2+	
	Moves through partial range of motion			
Test Position	<i>Gradual release from test position</i>	4	3-	Fair-
	Holds test position (no added pressure)	5	3	Fair
	Holds test position against slight pressure	6	3+	Fair+
	Holds test position against slight to moderate pressure	7	4-	Good-
	Holds test position against moderate pressure	8	4	Good
	Holds test position against moderate to strong pressure	9	4+	Good+
	Holds test position against strong pressure	10	5	Normal

Occupational Therapy Manual Muscle Test

Maureen E. Neistadt



Occupational Therapy Manual Muscle Test:

Embracing the Melody of Term: An Psychological Symphony within **Occupational Therapy Manual Muscle Test**

In a global used by displays and the ceaseless chatter of quick conversation, the melodic beauty and emotional symphony created by the prepared word usually disappear in to the back ground, eclipsed by the persistent noise and disruptions that permeate our lives. Nevertheless, nestled within the pages of **Occupational Therapy Manual Muscle Test** a charming literary treasure overflowing with organic thoughts, lies an immersive symphony waiting to be embraced. Constructed by a wonderful musician of language, that charming masterpiece conducts readers on a mental trip, well unraveling the concealed tunes and profound affect resonating within each cautiously crafted phrase. Within the depths with this touching review, we will discover the book is main harmonies, analyze their enthralling publishing fashion, and submit ourselves to the profound resonance that echoes in the depths of readers souls.

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