



Name: _____

Basketball Performance Assessment Rubric

Please use this rubric to assess basketball skills and knowledge by circling the appropriate level 0 through 3 in each of the five categories

	0	1	2	3
Shooting	No effort	Has proper body mechanics Has intentional aiming focus Can hit backboard	Shoots when open Has frequent success inside key Developing outside shot	Frequent success from inside & outside key Follows shot
Passing	No effort	Has proper body mechanics Is accurate 10 feet away Has proper follow through	Pass arrives accurately Passes to someone on the move Varies passes: bounce, chest	Passes to open person Passes on the run Pass arrives with speed
Dribbling	No effort	Uses proper fundamentals Begins dribble when moving	Makes effort to keep eyes off ball Switches hands or stop to defend ball Dribbles only to gain ground	Rarely breaks dribble rules Is developing both hands Uses dribble offensively
Defense	No effort	Attempts to stay between hoop & opponent Uses hands to block ball	Anticipates change of direction Attempts to rebound Jumps to block shots	Goes to person or position on change of possession Does not allow open shots
Teamwork & Sport Behavior	No effort	Gets to court on time Gets along with teammates Hogs ball or blames others	Tries to play within rules Does not hog ball Makes effort to improve	Leads team constructively Plays within rules Is the go-to person

Rubrics For Assessing Basketball Skills

Xiaolong Qi



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