Mental Health Exam 1 - quizlet

Mental Health

A state of well-being in which each person can realize his or her own potential, cope with the normal stresses of life, work productively, and contribute to the community.

What does a mental health provide a person?

Mental health provides people with the capacity for rational thinking, communication skills, learning, emotional growth resilience and self-esteem

Incidence

The number or rate of new cases of a particular condition during a specific time (usually a yr)

Prevalence:

Total # of people w/in a population who have specific mental disorder or other disorder during a specific period including old and new cases

QSEN (Quality and Safety Education for Nurses)

Patient Centered Care
Teamwork and Collaboration
Evidence Based Practice
Quality Improvement
Safety Informatics

Epidemiology

Branch of medical science concerned with the incidence, and control of diseases that affect large numbers of people

DSM-5

The American Psychiatric Association's Diagnostic and Statistical Manual of Mental Disorders, fifth edition, a widely used system for classifying psychological disorders

What does DSM-5 contain?

All recognized psychiatric diagnoses and includes current data concerning etiology, course, affected population, treatment, rule out diagnoses, etc. The DSM-5 classifies disorders, not people.

Roles of basic level psychiatric/mental health nurse

Coordination of care

Coordinates implementation of the nursing care plan and documents coordination of care Health teaching and health maintenance

Milieu therapy — provides structures, and maintains a safe therapeutic environment in collaboration with pts, families, and other healthcare clinicians

Pharmacological, biological, and integrative therapies

Rutgers Mental Health Quizlet

Dana L. Farnsworth

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