



Polycom® VVX® 300 and VVX® 310 Business Media Phones Quick User Guide

For phones running Polycom® UC Software 4.1.4 or later

Basic Phone Features
Customizing Your Phone

Applies to phones running SIP 3.0.2 or later.

For detailed information please consult the Star2Star Phone and Features Guide, available for view/download via the Star2Star Knowledge Base at:

<https://support.star2star.com/>

Phone Views

Your phone has four main Views: Home, Calls, Active Call, and Lines View (the default).

Change Views:
For Home View, press

From Home View, press to display either Lines, Calls or Active Call View.

Home View

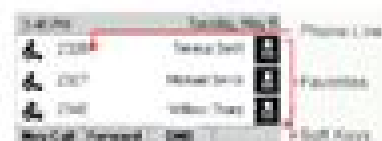
Home View displays icons you can select to access phone functions.



Use the right, left, up and down arrow keys to display more icons.

Lines View

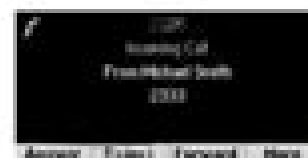
Lines View displays phone Lines, Favorites and soft keys.



If your phone is idle, you can press the Line key to access the Dialer.

Calls View

Calls View displays a list of all your calls.



Call color indicates call status:

Medium gray: Active call.

Dark gray: Incoming call.

White: Held call.

Use the up and down arrow keys to select a call (highlight it). The soft keys control the highlighted call.

Entering Data

Use the dialpad keys to enter information. To backspace, press

To type with the dialpad keys, press a key repeatedly to view the character options and stop to select.

To type other characters, press **Encoding** or **Mode**. When using the dialpad keys, use the 1, *, 0 and # keys.

Calls

Only one call can be active at one time.

You may use the handset, speakerphone or headset for calls. During a call, you can change modes by picking up the handset or by

pressing or .

If you navigate away from your calls, press to see Active Call or Calls view again.

When in Calls view, switch to Lines view by pressing **More > Lines**. Switch back to Calls view by pressing **More > Calls**.

Placing Calls:

Pick up the handset, or press or . Enter the phone number and press **Send**.

Or, enter the phone number first, then press **Dial**, pick up the handset or press or .

From **Lines View**: Press the phone Line key, enter the phone number and press **Send**.

From **Home View**: Select **New Call** using the left and right arrow keys. Enter the phone number and press **Send**.

Note: You may place calls quickly by selecting a recent call or Favorites, or tap a contact's phone number in the Contact Directory.

Answering calls:

Press or tap **Answer**, pick up the handset or press .

To answer a new call while on an active call, tap **Answer**. The current call will be held.

Ending calls:

To end an active call, replace the handset, press or . Or, press **End Call**.

To end a held call, navigate to Calls View and highlight the held call. Press **Resume** and press **End Call**.

Holding calls:

From Calls view, press **Hold** or . Remember to highlight the call first.

To resume a held call, press **Resume** or again.

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M Walker



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Asterisk Jim Van Meggelen, Leif Madsen, Jared Smith, 2007-08-28 Provides information on Asterisk an open source telephony application

Cisco Field Manual Dave Hucaby, Steve McQuerry, 2003 A complete concise reference for implementing the most important features of the Cisco Catalyst family of switches Review detailed and comparative configuration steps for features of the COS and Cisco IOS Software operating systems Understand basic system and operating system management Configure Ethernet EtherChannel Token Ring and ATM LANE interfaces Deploy VLANs private VLANs trunking VTP and dynamic port membership Understand STP operation configuration and tuning Configure and use Cisco Catalyst hardware for Layer 3 switching and redundancy Discover how Cisco Catalyst switches handle multicast traffic and interact with multicast routers Implement broadcast suppression protocol filtering user authentication port security and VLAN access lists Set up switches for logging SNMP and RMON management and port analysis Configure voice gateway modules inline power and QoS features needed to transport voice traffic Cisco Catalyst switches a common ingredient in many campus metropolitan enterprise and service provider networks are complex devices that require many configuration steps for proper operation Not only are the required commands difficult to remember but locating reference material on them also requires extensive research that is both time consuming and difficult to complete in the field Cisco Field Manual Catalyst Switch Configuration is a quick and portable reference guide to the most commonly used features that can be configured on Cisco Catalyst switches Derived from the authors notes about how to configure a variety of Cisco Catalyst features during the course of their preparation for the CCIE r exam Cisco Field Manual Catalyst Switch Configuration is an indispensable tool that helps you perform the most popular deployment tasks From the first page the authors zero in on quick facts configuration steps and explanations of configuration options in each Cisco Catalyst feature The different variations of the Cisco Catalyst operating systems COS and Cisco IOS r Software are shown together for side by side comparison making it easy to move from one Cisco Catalyst platform to another The book presents concise implementation advice for families of Cisco Catalyst features including configuration fundamentals Layer 2 interface configuration Layer 3 interface configuration VLANs and trunking Spanning Tree Protocol STP Layer 3 switching multicast server load balancing access control switch management quality of service QoS and voice Additional appendixes provide you with critical details on well known ports and addresses specialized switch modules VLAN extension and a cabling guide The quick reference format allows you to easily locate just the information you need without searching through thousands of pages of documentation saving you time and helping you to get the devices up and running quickly and smoothly Whether you are looking for a handy portable reference to more easily configure Cisco Catalyst switches in the field or you are preparing for CCNA r CCNP r or CCIE certification you will find Cisco Field Manual Catalyst Switch Configuration to be an essential resource that will save you hours of research time

The Museum Educator's Manual Anna Johnson, Kimberly

A. Huber, Nancy Cutler, Melissa Bingmann, Tim Grove, 2017-08-09 The Museum Educator's Manual addresses the role museum educators play in today's museums from an experience based perspective. Seasoned museum educators author each chapter emphasizing key programs along with case studies that provide successful examples and demonstrate a practical foundation for the daily operations of a museum education department no matter how small. The book covers volunteer and docent management and training, exhibit development program and event design and implementation, working with families, seniors and teens, collaborating with schools and other institutions, and funding. This second edition interweaves technology into every aspect of the manual and includes two entirely new chapters: one on Museums: An Educational Resource for Schools and another on Active Learning in Museums. With invaluable checklists, schedules, organizational charts, program examples and other how-to documents included throughout, The Museum Educator's Manual is a must-have book for any museum educator.

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web mar 1 2013 the bohs defines occupational hygiene as the applied science concerned with the identification measurement appraisal of risk and control to acceptable standards of physical chemical and biological factors arising in or from the workplace which may affect the health or wellbeing of those at work or in the community

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web the practice of occupational hygiene the classical steps in occupational hygiene practice are the recognition of the possible health hazards in the work environment the evaluation of hazards which is the process of assessing exposure and reaching conclusions as to the level of risk to human health

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web to measure worker exposures assess worker risks and develop controls to improve the workplace environment occupational hygienists can provide advice on control strategies including hazard elimination engineering modifications administrative controls and finally personal protective equipment

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web occupational hygiene is a set of systems used to determine the acceptable hazard limit in the working environment and to maintain a healthy life in the worker acceptable level is expressed as the amount that is believed to be safe in the defined time envelope swaminathan 2011

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web the international occupational hygiene association ioaha refers to occupational hygiene as the discipline of anticipating

recognizing evaluating and controlling health hazards in the working environment with the objective of protecting worker health and well being and safeguarding the community at large 4

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web occupational hygiene is a multi disciplinary science which means it draws on aspects of toxicology chemistry physics physiology maths and engineering to be able to assess workplace toxins such as dust noise vibration light and toxic gases

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web what is occupational hygiene occupational hygiene is the discipline of protecting worker health by controlling workplace hazards that can cause harm it also helps in maintaining worker well being and safeguarding the community at large

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web occupational hygiene is the science of preventing ill health from work activities it s practitioners come from varied backgrounds they can be chemists engineers biologists physicists doctors nurses and other professionals all of whom have chosen to apply their skills to protecting the health of workers