



# My SMART Goal Example

S

Specific

What exactly do you want to accomplish?

Circle type: Academic, Social, Physical, or Emotional

**I will learn my x7's facts in the next 3 weeks by getting a 90% or higher on a one minute timed test of 25 problems.**

M

Measurable

How will you know when you meet your goal?

**I will achieve a 90% or higher on a one minute timed test of 25 problems.**

A

Action Plan

What steps will you need to do to reach your goal?

1. **I will practice my x7 flashcards for 5 minutes every day.**
2. **I will practice my x7's facts with an online game 3 times a week.**
3. **I will take a x7 timed test twice a week for practice.**

R

Realistic

Is the goal realistic?

Circle: Too easy, too hard or just right

T

Time Frame

When will you do this?

Circle type: short term or long term

Start: **Jan. 1, 2024**      Deadline: **Jan. 21, 2024**

**I Completed My SMART Goal on \_\_\_\_\_!**

# Sample Smart Goals For Sixth Grade Science

**Breez Longwell Daniels**



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