



SECRETS OF COLOMBIAN COOKING

Patricia McCausland-Gallo

Secrets Of Colombian Cooking Hippocrene Cookbook Library

LL Leslie



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Secrets of Colombian Cooking Patricia McCausland-Gallo, 2004 Colombia is a country of vast exotic culinary creations and diverse territories that range from the Caribbean Sea to the Pacific Ocean producing a plentiful variety of seafood to the Amazon Magdalena and Cauca rivers that bathe its soils with fertility and to the Andean mountains that present colder climates The author travelled throughout these regions to collect the most authentic dishes With over 175 recipes and a glossary of ingredients cooks will become acquainted with many of Colombia's indigenous foods such as cilantro tamarind tree tomatoes gooseberries and sweet and hot peppers

Regional Greek Cooking Dean Karayanis, Catherine Karayanis, 2008 This is a Greek family cookbook with unique flavours and home kitchen recipes This book showcases dishes from the key regions of mainland Greece as well as the islands and introduces readers to little known spices and ingredients providing ways to track them down Of particular interest is a section on micro brewed beers regional wines and different ouzos Also included is an overview of the Hellenic detailing the culinary history and culture of provincial and mainland Greece

A Pied Noir Cookbook Chantal Clabrough, 2005 This unique cookbook relates the story of the Pied Noir or Black feet Sephardic Jews from the North African nation of Algeria The cuisine of the Pied Noir reflects a storied history Expelled from Spain and later forced to flee Algeria their cookery was influenced by the nations they inhabited as well as the trade routes that passed through these areas Over the centuries they collected recipes and flavours that came to form a unique and little known culinary repertoire The 85 recipes in this fascinating book are accompanied by a history of the Pied Noir and the story of the author's family A glossary of culinary terms and menus for Pied Noir feasts are also included

Flavorful India Priti Chitnis Gress, 2007-10 The cuisine of Gujarat a state in western India is famed for its delicately flavoured vegetarian dishes This collection of over 80 family recipes introduces readers to some of India's often overlooked culinary offerings Also included are an introduction to Gujarati culture and cuisine a section on spices ingredients and utensils and a chapter on non vegetarian specialities Each recipe is presented in an easy to follow format and adapted for the western kitchen Enchanted drawings throughout the book the flavours of India alive

A Ligurian Kitchen Laura Giannatempo, 2006 Liguria on the Italian Riviera is home to some of Italy's finest cooking The Ligurian kitchen is famous for fish fresh produce and herbs Tales of loveable uncles and a lyrical account of making pasta in the midst of a storm tantalise just as much as the sumptuous recipe on offer in this book In these 100 recipes the specialities of artisan bread bakers and those of the region's cucina povera combine to create a zestful collection that exemplifies that extraordinary marriage of land and sea that is Ligurian cuisine

Argentina Cooks! Shirley Lomax Brooks, 2003 Collects 190 recipes for Argentine foods grouped in nine regions and includes a look at ingredients and techniques comments on the country's landscape history traditions and culture and discussion of Argentine wines

Mama Nazima's Jewish-Iraqi Cuisine Rivka Goldman, 2006 When the Jews fled Iraq for Israel they could not take their material possessions with them but did take their rich cuisine Delicious dishes like Smack ab

Thum oo Rihan Garlic and Basil Fish and Burekas im Gevina veh Tered Feta and Spinach Pie are included in this unique book Jewish Iraqi aphorisms and beautiful photographs complete this presentation of the foods of the Iraqi Jews As the saying goes Man yakle al ein au el thum Who desires the food the eyes or the mouth **Sweet Hands** Ramin Ganeshram,2005-10-31

Callaloo and Buss Up Shut Mother in Law And Kuchela Chip Chip and Doubles The verbiage of Trinidad s cuisine is both lyrical and mysterious The variety of foods from this Caribbean nation and their fanciful names tell the story of a rich and eclectic cultural heritage A British colony from 1779 until 1962 during those years Trinidad Tobago s population grew to include East Indian and Chinese indentured servants who worked in the sugar plantations alongside former African slaves Trinidadian food is marked by the blending of these cultures As such curry Indian breads callaloo a soup of West African origin and fried rice are all among the national dishes The book includes these dishes as well as many others including Shrimp Creole Beef Stew with Dumplings and Ginger Beer Also included are fascinating histories and anecdotes on such topics as Trinidadian rum Buccaneer Cooking and Black Cake Beautiful photographs by Jean Paul Vellotti bring this beautiful island nation and its unique cuisine to life *Polish Holiday Cookery* Robert Strybel,2003 This book acquaints readers with traditional Polish foods associated with various occasions and furnished countless cooking tips and serving suggestions The clearly written recipes facilitate the preparation of the dishes and their incorporation in the Polish American mainstream culture Calendar of Polish Festivities is devoted to those holidays and events connected to a specific time of year Polish Rites of Passage focuses on life s milestones the family occasions that take place at various times of year This instruction manual for the culturally aware Polish American offers over 400 recipes along with a lexicon of basic foods and culinary concepts ingredients and procedures and sample menus **Farms and Foods of the Garden State** Brian Yarvin,2005 This second in Hippocrene s line of state cookbooks is a comprehensive look at the incredibly diverse and bountiful state of New Jersey The author captures the essence of the Garden State by profiling some of its most interesting farms including a vineyard a buffalo ranch and a trout hatchery More than 100 simple easy to follow recipes feature products from the profiled farms making the direct but often overlooked connection between farmers and cooks Recipes such as Chicken Vindaloo Italian style stewed Peppers and Portuguese Kale Soup also reflect New Jersey s ethnic diversity An ingredients glossary and a shopping guide are also included Aprovecho Teresa Cordero-Cordell,Robert Cordell,2007-09 This is a celebration of the food and culture of the Us Mexico border region This comprehensive book contains over 250 recipes from enchiladas quesadillas and margaritas to more exotic delights like Cactus Salad Ensalada de Nopalitos Lobster and Tequila Langosta y Tequila and Watermelon Sorbet Also included are special sections that relate popular legends a glossary of chillies and cooking terms and a Mexican pantry list **A Taste of Haiti** Mirta Yurnet-Thomas,2004 With African French Arabic and Amerindian influences the food and culture of Haiti are fascinating subjects to explore From the days of slavery to present times traditional Haitian cuisine has relied upon staples like root vegetables pork fish and flavour enhancers like Pikliz picklese or hot pepper vinegar

and Zepis ground spices This cookbook offers over 100 Haitian recipes including traditional holiday foods and the author's favourite drinks and desserts Information on Haiti's history holidays and celebrations necessary food staples and cooking methods will guide the home chef on a culinary adventure to this beautiful island Recipe titles are given in English Creole and French *Taste of Nepal* Jyoti Pathak, 2007 The landlocked nation of Nepal is tucked into the Himalayan Mountains between India and China Tibet Possessed of a varied landscape and such treasures as Mount Everest the Nepalese are proud of their time worn temples sublime scenery hiking trails and a rich and vibrant culture The cuisine is surprisingly diverse for such a small country with influences from Chinese and Indian culinary methods and tastes One of the very few Nepali cookbooks on the market *Taste of Nepal* is a thorough and comprehensive guide to this cuisine featuring more than 350 authentic recipes a section on well known Nepali herbs and spices menu planning Nepalese kitchen equipment and delightful illustrations Instructions are clearly detailed and most ingredients are readily available in the United States Complete with illustrations There is something for everyone in this book For the most timid cook Fried Rice Baasi Bhaat Bhutuwa or Stir Fried Chicken Kukhura Taareko are easily achievable The adventurous home chef will be tempted to try Goat Curry Khasi Boka ko Maasu and Sun Dried Fish with Tomato Chutney Golbheda ra Sidra Maacha Amazon.com viewed August 31 2020

Flavors of Slovenia Heike Milhench, 2007 Enjoy this sampler of a diverse culinary heritage and culture replete with 200 delicious recipes a section on well known Slovenian beers and wines and stories of a fascinating past Tucked between the foothills of the Alps the coast of the Adriatic Sea and the beginning of the Panonian plains to the East Slovenia is a beautiful land in Central Europe Among the popular draws are its peaceful Mediterranean affordability scenic aspect and increased accessibility and affordability Newly independent from Yugoslavia at the end of the 20th century Slovenia emerged fairly recently with a resilient culture and rich arts scene that has caused tourism to flourish This book presents perhaps the only comprehensive guide to the country's cuisine Ranging from such perennial favourites as Friko Hearty Potato Pancake linkrofi Meat Dumplings Bakala Dried Salt Cod Pate and Kostanjeva Juba Chestnut Soup to more unusual preparations like Crni Rioto Black Risotto with Squid ink included and Meerli Baked Encrusted Pig or Veal Lung a version of Haggis Slovenian fare is both hearty and wholesome Not only do we discover these tasty dishes but also ruminations on golf the capital city of Ljubljana and the art of Slovenian bee keeping Tales of such legendary locals as the sunshine salesman and a Slovenian Robin Hood along with ghosts and fairytale castles also bring the culture alive in this unique volume **Polish Heritage Cookery** Robert Strybel, Maria Strybel, 2005 With over 2 200 recipes in 29 categories Polish Heritage Cookery is the most extensive and varied Polish cookbook ever published This illustrated edition of the bestseller includes 20 color photographs A encyclopedia of Polish cookery and a wonderful thing to have Julia Child Good Morning America *Spoonfuls of Germany* Nadia Hassani, 2004 This book goes beyond the sauerkraut and knackwurst stereotype to unveil the often overlooked diversity of German cuisine 170 regional recipes range from classic dishes such as spaetzle with cheese and sauerbraten to

forgotten delicacies like Westfalian pumpernickel pudding Numerous profiles anecdotes and food lore complete the book

Estonian Tastes and Traditions Karin Annus Kärner, 2005 The only book widely available on Estonian food and cooking Estonian Tastes and Traditions completes Hippocrene's coverage of the cuisines of the Baltic region Estonian food is simple based on such staples as potatoes pork sauerkraut preserved fish and dark bread This comprehensive volume contains 165 traditional recipes for such dishes as Sweet and Sour Red Cabbage Magushapu Punane Kapsas Beer Soup llesupp and Honey Candy Meekompvekid Chapters covering basics such as meats vegetables and breads are supplemented with chapters on turnovers pancakes and preserves Also included is extensive cultural and historical information and an Estonian English food glossary **Tastes from a Tuscan Kitchen** Madeline Armillotta, Diane Nocentini, 2007 Over the years the authors have collected many wonderful recipes from relatives and friends living in Tuscany and other regions of Italy When deciding to write this book they considered which of these recipes we used the most and why Both authors enjoy the distinct flavours in Italian cooking which are enhanced by the use of fresh herbs and extra virgin olive oil and also eating a healthy well balanced diet of fresh fruits vegetables fish meat beans and dairy products They also appreciate that in today's world everyone has a busy schedule Therefore it became a priority that the recipes offered were not only delicious but also quick and easy to prepare The final selection includes a wide variety of mouth watering favourites presented with concise easy to follow instructions and many tasty variations These variations allow for flexibility in the kitchen and are an enticing invitation to cook creatively The result is a cookbook that will simplify your life and gratify the tastebuds of your family and friends This book will become your inspiration for quick wholesome everyday meals a well thumbed friend supplying a constant source of ideas for delicious day to day Italian cooking Brazil Cherie Hamilton, 2005 The largest nation in South America Brazil is home to vast rain forests pristine tropical beaches and the world's largest river the Amazon This book explores the nation's distinct regional cuisine and explains how Amerindian European and African contributions have come together to form modern Brazilian cookery More than 130 recipes range from Feijoada the Brazilian national dish to lesser known delicacies such as Shrimp and Bread Pudding Crab Soup and Banana Brittle Also included are suggested menus a list of ingredient sources and a glossary of Brazilian culinary terms The author has travelled extensively throughout the Portuguese speaking world She developed a love for Brazilian cooking when she lived in Brazil in the 1960s The Publishers Weekly, 2004

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