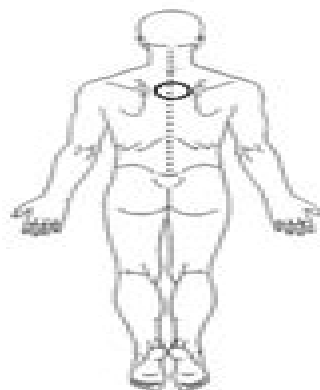
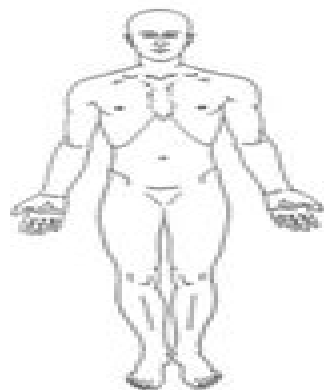


# Physical Therapy Note Template

## Patient Information

Peter Example  
First Name Last Name

03/08/1995  
Date of Birth



- X Adhesion
- ↻ Rotation
- Pain
- Tender Joint
- ≡ Hypertonicity
- ≈ Spasm
- Inflammation
- 9 Trigger Point
- / Elevation

## Presenting Complaint

Pain in upper back

Date	Note
07/08/2022	<p>Client complained of upper back pain.</p> <p>Limited ROM. Massage eased pain.</p> <p>Affecting daily activities e.g. work</p> <p>Will assess in 2 weeks</p>
07/22/2022	<p>Pain has reduced slightly</p> <p>Used different massage technique</p> <p>Encouraged exercises, intervention appears to be working</p>
08/05/2022	<p>Client achieving treatment goals, pain has reduced, ROM is almost 100%</p> <p>Readjustments, return to original massage technique</p> <p>Compliance with exercises seems good.</p>

# Sample Physical Therapy Notes

**M Lipman**



## **Sample Physical Therapy Notes:**

**Physical Therapy Documentation** Mia Erickson, Mia L. Erickson, Rebecca McKnight, Ralph Utzman, 2008 Complete accurate documentation is one of the essential skills for a physical therapist This book covers all the fundamentals includes practice exercises case studies throughout

**Documentation Basics** Mia Erickson, Mia L. Erickson, 2012 Complete and accurate documentation is one of the most important skills for a physical therapist assistant to develop and use effectively The new Second Edition of Documentation Basics A Guide for the Physical Therapist Assistant continues the path of teaching the student and clinician documentation from A to Z Mia Erickson and Rebecca McKnight have updated this Second Edition to reflect changes of the American Physical Therapy Association and the ever evolving profession Updated inside Documentation Basics A Guide for the Physical Therapist Assistant Second Edition The discussion on integrating disablement into documentation The discussion on how a PTA can show medical necessity and need for skilled care The discussion on using documentation to communicate with other providers Writing the assessment and plan to coincide with the initial documentation Sample notes completed on forms More examples and practice including physical agents school based services paediatrics traumatic brain injury spinal cord injury and interventions consistent with the Guide to Physical Therapist Practice Medicare reimbursement in different settings The importance of consistent reliable and valid measurements How to improve communication and consistency between documentation by the PT the PTA The discussion on disablement has also been updated shifting away from the Nagi Model toward the International Classification of Functioning Disability and Health ICF In addition the PTA Normative Model has been integrated throughout to include more information on clinical decision making New inside Documentation Basics A Guide for the Physical Therapist Assistant Second Edition Navigating the PT plan of care A step by step model for PTAs to use as they navigate the initial PT documentation and plan of care How the PTA uses the PT goals from the initial examination and evaluation Positive and negative aspects of using electronic documentation and a discussion on integrating SOAP notes and the problem oriented medical record into electronic documentation Sample notes and discussion of documentation in school based settings early intervention skilled nursing settings in patient rehabilitation and direct access Medicare Parts C and D Cash based services and pro bono services Instructors in educational settings can visit [www.efacultyounge.com](http://www.efacultyounge.com) for additional material to be used for teaching in the classroom Documentation Basics A Guide for the Physical Therapist Assistant Second Edition is the perfect guide for all physical therapist assistant students and clinicians who want to update and refine their knowledge and skills in documentation

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