## **TEAM SNACK SCHEDULE**

TEAM:		COACH:	cor	CONTACT INFO:	
SNACKS	CHILD	PARENT	PHONE	EMAIL	
	**************				
<u>i</u>					
				1 1	



#### HALFTIME = ENERGY

It's important to stay hydrated, but not weighed down. Crackers, pretzels, I-2 orange slices





#### POST GAME = RECOVERY

After a game, it's recommended that you replace carbohydrates, proteins and electrolytes Within 30 minutes.



OFFICIAL CHOCOLATE MILK OF





# **Sample Team Snack Schedule**

**S Nieto** 

**Sample Team Snack Schedule:** 

The Enigmatic Realm of Sample Team Snack Schedule: Unleashing the Language is Inner Magic

In a fast-paced digital era where connections and knowledge intertwine, the enigmatic realm of language reveals its inherent magic. Its capacity to stir emotions, ignite contemplation, and catalyze profound transformations is nothing lacking extraordinary. Within the captivating pages of **Sample Team Snack Schedule** a literary masterpiece penned with a renowned author, readers set about a transformative journey, unlocking the secrets and untapped potential embedded within each word. In this evaluation, we shall explore the book is core themes, assess its distinct writing style, and delve into its lasting effect on the hearts and minds of those who partake in its reading experience.

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