



**BUSINESS NAME**  
**MASSAGE THERAPY S.O.A.P. NOTE**

**Client Name:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**SUBJECTIVE:** (Client presents with and complains of):

☐ Sharp Pain   ☐ Dull Ache   ☐ Numbness   ☐ Tingling   ☐ Burning   ☐ Shooting   ☐ Throbbing  
**Other / Notes:** \_\_\_\_\_

❖ **These complaints are noted in the client's:**

☐ Neck   ☐ Shoulders   ☐ Upper Arms   ☐ Lower Arms   ☐ Upper Back   ☐ Sides   ☐ Chest  
☐ Abdomen   ☐ Groin   ☐ Lower Back   ☐ Buttocks   ☐ Upper Legs   ☐ Lower Legs  
**Other / Notes:** \_\_\_\_\_

**OBJECTIVE:** (Found during the course of evaluation and treatment):

☐ Pain   ☐ Tenderness   ☐ Muscle Spasm   ☐ Trigger points   ☐ ↓ /   ☐ ↑ Muscle Tone   ☐ ↓ /   ☐ ↑ ROM  
☐ ↓ /   ☐ ↑ Muscle Texture   **Other / Notes:** \_\_\_\_\_

❖ **These findings are noted in the client's:**

☐ Neck   ☐ Shoulders   ☐ Upper Arms   ☐ Lower Arms   ☐ Upper Back   ☐ Sides   ☐ Chest  
☐ Abdomen   ☐ Groin   ☐ Lower Back   ☐ Buttocks   ☐ Upper Legs   ☐ Lower Legs  
**Other / Notes:** \_\_\_\_\_

**ASSESSMENT:** (Your opinion of the client's condition):

☐ Muscle Spasm   ☐ Neck Pain   ☐ Thoracic Pain   ☐ Lumbar Pain   ☐ Arm Pain   ☐ Leg Pain   ☐ Chest Pain  
**Other / Notes:** \_\_\_\_\_

The client is:   ☐ Improving   ☐ Staying the Same   ☐ Getting Worse   ☐ N/A – First Visit

Client prognosis is:   ☐ Excellent   ☐ Very Good   ☐ Average   ☐ Poor   ☐ Dire   ☐ Too soon to ascertain

**PROCEDURE / PLAN:** (What was done and what is the future plan):

☐ 60 min. massage (97124) - 4 units   ☐ 30 min. massage (97124) - 2 units  
☐ Return in \_\_\_\_\_ weeks   ☐ Chiropractic Referral   ☐ Recommend Icing   ☐ Recommend stretching  
☐ Increase Water Intake  
**Other / Notes:** \_\_\_\_\_  
**More or Less Pressure Next Massage:** \_\_\_\_\_  
**Next Massage, Concentrate On:** \_\_\_\_\_

**Therapist's Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Supervising Doctor's Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_



# Sample Progress Notes For Occupational Therapy

**D Keegan**





## **Sample Progress Notes For Occupational Therapy:**



## **Sample Progress Notes For Occupational Therapy** Book Review: Unveiling the Power of Words

In a world driven by information and connectivity, the power of words has been evident than ever. They have the capability to inspire, provoke, and ignite change. Such may be the essence of the book **Sample Progress Notes For Occupational Therapy**, a literary masterpiece that delves deep into the significance of words and their effect on our lives. Written by a renowned author, this captivating work takes readers on a transformative journey, unraveling the secrets and potential behind every word. In this review, we will explore the book's key themes, examine its writing style, and analyze its overall impact on readers.

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