

REAL FOOD. RIGHT NOW.

# FUEL FOR FIRE®

A delicious blend of fruit + protein to fuel your day.

### Benefits of Protein:

- Promotes muscle recovery
- Strengthens immune system
- Keeps you feeling full

FUEL FOR FIRE contains all 9 essential amino acids and more protein than 1 egg.

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## Nutrition Facts

1 Serving Per container  
Serving size 1 pack (127g)

Amount Per Serving  
**Calories 116**

	% Daily Value*
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 4mg	0%
Total Carbohydrate 19g	6%
Dietary Fiber 1g	4%
Total Sugars 15g	
Incl. 0g Added Sugars	0%
<b>Protein 10g</b>	
Vitamin D 0mcg	0%
Calcium 9mg	1%
Iron 0mg	0%
Potassium 254mg	7%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food compares to a daily diet of 2,000 calories a day used for general nutrition advice.

**INGREDIENTS:** Pineapple, banana, Water, Mango, Whey Protein Isolate, Natural Flavor, Citric Acid, Ascorbic Acid (Vitamin C)  
**Contains:** Milk

**ENJOY AT ROOM TEMPERATURE, OR TRY IT CHILLED!**

Refrigerate after opening and consume within 24 hours

Do not consume if cap seal is broken or package is damaged or swollen.

BPA FREE

Clear Pouch No. 1

# Sample Fuel The Fire Nutrition Guide

**DP Hallahan**



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