



Nursing Professional Development Plan

Achieving my MSN has been my is something I have taught about for years. The purpose of this assignment is to develop a professional plan of what I want to achieve as I strive towards the MSN program, a reflection of my past, present and future personal and career life also recognizing that this course requires a lot of sacrifice and dedication, I was motivated by my colleagues and siblings who started this online program, and my dreams of helping people, though, immunizations, disease prevention, education and affordable health care access to all, the knowledge I acquired from this course, through Walden University, their professors, and my colleagues will enable me achieved my goals.

Education and Professional Background

My name is Munah Mulbah a mother of four children and two stepsons (ages 29yrs to 13yrs), a wife, a full-time employee, and the oldest of 7 children. These are the responsibilities and I take pleasure in doing them I am originally from Monrovia, Liberia, West Africa. I came to the United State, due to the civil war in my country to pursue a better education for my family and a better life. As a child growing up I loved to care for my siblings and dream about becoming a Nurse one day Growing up as the oldest girl in my family I took care of my younger siblings', neighbor kids, my grandparents and children in Sunday school, we were taught how to be respectful, eating a healthy diet, hand washing, personal hygiene where taught. and I was good at that., One day my Late grandfather look at me and said I hope you will be a nurse when you grow up and I said that is who I want to be, and I worked towards that.

After I graduated from high school. I enrolled at the mother pattern college of health sciences / Stella Maris Polytechnic 1999 and graduated with an AA degree in nursing, worked for a year in the hospital and went back to school and obtained my BSN. Prior to my coming to the United States, I obtained my BSN degree and worked for the Medicine sans frontiers international hospital / Doctors without borders for 2yrs. When I came to the united states, while going through the process to obtain my RN license, I worked as a nurse tech in the Nursing home, work with people with mental disabilities, in the hospital, and volunteer in a local school, which was rewarding, because it also helps me in preparing for my state board exam. I have certification in, CPR, First Aid, advanced cardiac life support (ACLS), and electrocardiogram (ECG) interpretation and Intravenous line certification. As a Registered nurse, I have worked in a long-term setting, geriatric population, and presently in the acute care and telemetry unit as a resource nurse. Arriving in the united states, my dream became a reality when I passed my state board exam and became to practice as a registered nurse and I have since enjoyed my career. Every day was rewarding I learned new things and saw how diverse nursing was.

Working with people

Professional Development Plan Nursing Essay

Kay Hutchfield, Mooi Standing



Professional Development Plan Nursing Essay:

Succeeding in Essays, Exams and OSCEs for Nursing Students Kay Hutchfield, Mooi Standing, 2012-05-23 The word assessment can strike terror into any student. However, providing evidence of knowledge and skills for professional practice is an integral and essential part of university life as a nursing student. This book helps nursing students better understand the processes of assessment so that every student can achieve their potential in their studies. It looks at each of the major forms of assessment including essays, exams, portfolios, presentations, OSCEs and practice assessments. It specifically addresses the needs of nursing students on new degree courses and therefore gives a clear insight on how to succeed as a student nurse.

Writing for Nursing and Midwifery Students Julio Gimenez, 2024-02-08 Combining the theory and practice of academic writing, this book helps you to master the basics of writing at university. It equips you with the skills needed to examine cognitive processes such as reflection and critical thinking and includes essential information on referencing your work correctly and avoiding plagiarism. A comprehensive writing toolkit for students of nursing, midwifery, health and social care, it provides a step-by-step approach to a whole range of genres specific to these disciplines, going beyond the traditional academic essay to include care critiques, action plans, portfolios and systemic reviews, as well as complex argumentative writing and the undergraduate dissertation proposal. It also offers help with texts for professional development such as portfolios and conference abstracts. Supporting you throughout your degree, this new edition includes a new section on making effective notes, an updated section on reflection including the latest reflective models, a wider range of examples covering areas such as mental health, children and learning disabilities in nursing and midwifery care, and a self-assessment quiz and achievement chart to help you track your learning as you work through the book. Written in a lively, engaging and accessible style, this book is an invaluable companion for students at all levels and will give you the confidence to succeed on your course.

Information Skills for Nursing Students Kay Hutchfield, 2010-08-17 It is essential for nursing students to access current and reliable information to succeed in academic assignments and nursing practice, yet there are increasingly diverse information sources available which can raise questions about the authenticity and reliability of information provided. This book presents a practical and clear guide to mastering information skills. It shows the reader how to effectively plan and implement a search for information and make judgements on the quality of the sources found. It also gives strategies for storage and retrieval of information, helping nurses to maximise the time they have available for keeping up to date.

Critical Thinking for Nursing, Health and Social Care Rena Frohman, Karen Lupton, 2020-04-02 This practical book will equip students with the critical thinking, reading and writing skills required to succeed both on their course and in their professional placements. It takes readers through the core stages of working on an assignment, from finding and evaluating sources through to critically reading material and demonstrating critical analysis in their writing. With chapters featuring content-specific examples and engaging exercises, this book is an essential resource for undergraduate students of Nursing.

Health Social Care and related disciplines **Resources in Education** ,2001-10 *Leadership Roles and Management Functions in Nursing* Carol J. Huston,2022-12-29 Combining an equal focus on leadership and management with a proven experiential approach *Leadership Roles and Management Functions in Nursing Theory and Application* 11th Edition delivers the knowledge understanding and realistic leadership experience today s students need to confidently transition to nursing practice This best selling text clarifies theoretical content with a wealth of application based learning exercises that put students into nursing leadership roles and challenge them to think critically solve problems and make sound clinical decisions before embarking on their nursing careers The updated 11th Edition reflects the latest evidence based content and incorporates engaging online resources that help students establish a foundation for successful nursing practice in any role or clinical setting **Study Skills for Nursing and Midwifery Students** Philip Scullion,David Guest,2007-08-16 this is the only book I have come across that gives consideration to student midwives There are many study skills books available for nursing students and although this book is aimed at both it does take into account the differences between the two professions this is a useful book which delves deeper than its cover would suggest MIDIRS Midwifery Digest This book is an essential course companion for nursing and midwifery students at degree and diploma level as well as those returning to study It covers key skills and knowledge needed such as Study strategies Reflective practice Critical thinking Evidence based research Exam techniques Literature searching How to succeed in assessments Lively and accessible the book includes bullet points and exercises that will enhance reader efficiency in learning The book also has an accompanying website www.openup.co.uk/nursingsuccess that is written specifically for this market and includes tips on Writing CVs and covering letters Finding a good job Interview skills Continuing professional development CPD for nurses and midwives Career progression Study Skills for Nursing and Midwifery Students has been carefully structured to be used throughout a nursing career It is key reading for new students in midwifery and all fields of nursing as well as qualified staff who aim to enhance their professional development **Academic Writing and Referencing for your Nursing Degree** Jane Bottomley,Steven Prymachuk,2025-02-28 Invaluable jargon free guide for anyone doing a nursing degree providing study support and helping you to improve your academic writing and referencing skills *Academic Writing and Referencing for your Nursing Degree* provides you with a sound knowledge and understanding of what constitutes good academic writing in nursing a range of strategies for writing successful essays and reports the importance of clarity and coherence in your writing about nursing how to improve your academic style grammar and punctuation and formatting and presentation referencing conventions in the field of nursing and of how to avoid plagiarism If you are embarking on a university nursing degree the books in our Critical Study Skills for Nursing series will help you acquire and develop the knowledge skills and strategies you need to achieve your goals They provide support in all areas important for university study including institutional and disciplinary policy and practice self management and research and communication Tasks and activities are designed to foster aspects of

learning which are valued in higher education including learner autonomy and critical thinking and to guide you towards reflective practice in your study and work life *Nursing & Health Survival Guide: Portfolios and Reflective Practice* Susan Lillyman, Pauline Merrix, 2014-09-11 Reflective practice is a requirement for all healthcare professionals This essential guide will help you develop the skills to be effective as a reflective practitioner within any clinical environment The Nursing Health Survival Guides have evolved take a look at our app for iPhone and iPad **Essay Writing** MunLing Shields, 2010-02-16 Essay Writing is a student guide with a mission to enable students to write better essays and get the grades they deserve by demystifying the essay writing process MunLing Shields places essay writing within the larger university experience for students In a clear and easy to understand way the author guides the reader through the process of writing successful university essays by looking at essay writing in the context of academic communication academic culture and different learning styles and approaches This book Helps students study more independently and learn more meaningfully to write better essays Offers invaluable insights into the way tutors see essays Explains why essays are set and how to understand the rationale behind them Demonstrates how best to approach answering the question This highly accessible book offers practical in depth guidance on each of the stages of the essay writing process planning drafting and editing and relates them to the important sub skills of information gathering reading academic texts how to get the most out of lectures referencing and citations and fluency and appropriateness of style and language An excellent guide for students new to writing essays at university David Ellicott Senior Lecturer in Youth Justice and Youth Studies Nottingham Trent University SAGE Study Skills are essential study guides for students of all levels From how to write great essays and succeeding at university to writing your undergraduate dissertation and doing postgraduate research SAGE Study Skills help you get the best from your time at university Visit the SAGE Study Skills hub for tips quizzes and videos on study success **ICA Health Summary** United States. International Cooperation Administration. Office of Public Health, 1958 *Getting Ready for your Nursing Degree* Victoria Boyd, Stephanie McKendry, 2014-05-01 More and more people are considering a career in nursing or healthcare but the thought of undertaking an academic degree at university can be intimidating Whether you are moving straight from school or college or have been away from education for some time Getting Ready for your Nursing Degree is essential preparation for anyone considering becoming or about to become a nursing student It looks at all aspects of university work in a straightforward way and provides advice examples and activities designed to help you get the most out of classes research and assessments from your first lecture right through to sitting exams and learning on placement Designed with nursing students in mind this small but perfectly formed guide is tailored to help you develop the skills you will need not only for your course but for your career and lifelong learning as a registered healthcare practitioner **Thinking Nursing** Mason, Tom, Mason-Whitehead, Elizabeth, 2003-12-01 Thinking Nursing This major new textbook provides a unique one stop resource that introduces nursing students to the disciplines that underpin nursing practice The broad range of subjects

covered includes Sociology Psychology Anthropology Public Health Philosophy Economics Politics and Science Written by nursing lecturers with nursing students in mind this book enables nurses to grasp the principles behind these disciplines and apply the concepts to everyday health care practices Each chapter offers The theoretical background of the major tenets of each discipline A comprehensive discussion of how they relate to practice Cross references to other relevant chapter sections Suggestions for further reading A glossary of key terms Practical advice is also available in a chapter dedicated to methods of research planning and construction of written work Moreover the textbook encourages creative and lateral thinking beyond its use in planning and writing assignments Thinking Nursing is essential reading for nursing students on Common Foundation Programmes both at diploma and degree level and qualified nurses undertaking additional specialist training including masters degrees as well as those involved in planning designing and the implementation of educational courses for nurses

EBOOK: Thinking Nursing Tom Mason,Elizabeth Mason-Whitehead,2003-12-16 Thinking Nursing This major new textbook provides a unique one stop resource that introduces nursing students to the disciplines that underpin nursing practice The broad range of subjects covered includes Sociology Psychology Anthropology Public Health Philosophy Economics Politics and Science Written by nursing lecturers with nursing students in mind this book enables nurses to grasp the principles behind these disciplines and apply the concepts to everyday health care practices Each chapter offers The theoretical background of the major tenets of each discipline A comprehensive discussion of how they relate to practice Cross references to other relevant chapter sections Suggestions for further reading A glossary of key terms Practical advice is also available in a chapter dedicated to methods of research planning and construction of written work Moreover the textbook encourages creative and lateral thinking beyond its use in planning and writing assignments Thinking Nursing is essential reading for nursing students on Common Foundation Programmes both at diploma and degree level and qualified nurses undertaking additional specialist training including masters degrees as well as those involved in planning designing and the implementation of educational courses for nurses

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Non-Medical Prescribing in Healthcare Practice Dawn Brookes,Anne Smith,2017-09-16 This text offers a contemporary insight into non medical prescribing initiatives in everyday situations covering the latest phase in this ever evolving field of professional practice With contributors from a variety of health professions this practical text examines prescribing as it stands now how it may develop in the future

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Aging and Society Matilda White Riley, John W., Jr. Riley, Marilyn Johnson, 1969. Interprets the research findings on aging for professionals concerned with the prevention and treatment of problems associated with aging. Each chapter written by an expert deals with the field within the broad context of aging in contemporary society.

Nursing Times, Nursing Mirror, 2004. The Learning Portfolio John Zubizarreta, 2009-03-16. The learning portfolio is a powerful complement to traditional measures of student achievement and a widely diverse method of recording intellectual growth. This second edition of this important book offers new samples of print and electronic learning portfolios. An academic understanding of and rationale for learning portfolios and practical information that can be customized. Offers a review of the value of reflective practice in student learning and how learning portfolios support

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