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Do you have any police record?



A police record means you have made a crime or violation action before. So, does it affect on your chance of becoming a Police or the success of your interview? Yes, it does! So how do you fix it? how do you handle the question?

If you do not have any police record, the problem will become nothing; instead, it will only do good for you. But on the contrary, if you have one, don't try to hide it from the interviewer. Be straight about your mistake in the past and show that you are now aware of your action and have done many thing to improve yourself. Don't be too much worried about the fact that you have made a violation of law in the past; instead,

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web der stoffwechsel auch metabolismus genannt umfasst alle vorgänge bei denen stoffe in unseren zellen neu aufgebaut abgebaut oder recycelt werden das ganze dient dazu unseren körper in schuss zu halten man unterscheidet dabei grob zwei stoffwechselabteilungen den baustoffwechsel und den energiestoffwechsel

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web da der anabole stoffwechsel für die synthese von eiweißen verantwortlich ist spielt dieser prozess auch beim muskelaufbau eine entscheidende rolle wenn du deinem körper ausreichend muskeltreibstoff in form von proteinen zur verfügung stellst kannst du effektiv muskeln aufbauen