



SCHWINN

CONTROL PANEL

Buttons and controls include:

- DISP (Display)
- MODE (Mode)
- PROGRAM (Program)
- INTERVAL (Interval)
- CHALLENGE (Challenge)
- RESISTANCE (Resistance) - Up and Down arrows
- START (Green button)
- PAUSE / STOP (Red button)

Schwinn 230 Operating Manual

Richard Moore, Daniel Benson



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