

# CULINARY ARTS 1 & 2

MS. STORCH - ROOM 137

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## COURSES DESCRIPTION

Culinary Arts 1 & 2 use the curriculum called ProStart, written by the National Restaurant Association as a **career-building program for high school students who are interested in culinary arts and restaurant management.** Reminder: this class is NOT about eating.

## PREREQUISITES

CA1: Passed Foods & Nutrition

CA2: Passed Culinary Arts 1

## ESSENTIAL UNDERSTANDINGS

- Follow complex, multistep food preparation procedures
- Translate quantitative or technical information expressed in a recipe into tangible form
- Exhibit employability using proper communication, sanitation, teamwork and skills
- Demonstrate proper identification and use of various kitchen equipment
- Research and identify opportunities in the culinary industry

## TOPICS WE WILL COVER:

### *Culinary Arts 1*

*Chapter 1: Intro and History of Rest Industry*  
*Chapter 2: Food Safety*  
*Chapter 3: Workplace Safety*  
*Chapter 4: Professionalism and Standard Recipes*  
*Chapter 5: Equipment and Techniques*  
*Chapter 6: Stocks, Sauces, and Soups*  
*Chapter 7: Communication*  
*Chapter 8: Management Essentials*  
*Chapter 9: Fruits and Vegetables*  
*Chapter 10: Serving Your Guests*  
*Chapter 11: Potatoes and Grains*  
*Chapter 12: Foodservice Career*

### *Culinary Arts 2*

*Chapter 1: Breakfast Food and Sandwiches*  
*Chapter 2: Nutrition*  
*Chapter 3: Cost Control*  
*Chapter 4: Salads and Garnishes*  
*Chapter 5: Purchasing and Inventory*  
*Chapter 6: Meat, Poultry, and Seafood*  
*Chapter 7: Marketing*  
*Chapter 8: Desserts and Baked Goods*  
*Chapter 9: Sustainability*  
*Chapter 10: Global Foods - Americas*  
*Chapter 11: Global Foods - Asia, Middle East, Europe*

**BEHAVIOR:** Every student deserves an environment conducive to learning. If you are a disruption to the learning environment or are preventing others from succeeding in class, you will lose points. Appropriate behavior through learning self-control is a part of becoming a responsible teenager and adult. See employability section.

**EMPLOYABILITY:** This class is an opportunity for you to learn and apply employability skills in a hands-on way. The way you behave, work with others, put forth real effort, and apply your learning will enhance your employability now and in the future, and will directly affect your grade in this class.

**FOLDER:** Every student must have a 2- pocket folder for this class. Bring it to class daily. If you keep this syllabus through the entire semester, I will give you 5 points at the end of the semester as a reward for being responsible and organized. (Both are important employability skills.)

# Sample Culinary Arts Syllabus

**Jicheng Xie**



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