

## Study Guide for NLN RN Pharmacology Exam

Drug	Use and dosage	Side effect	Teaching and labs	contraindication
<b>Acetylsalicylic acid(Aspirin)</b> <b>Antiplatelets</b> Non opioid analgesic  Increase coagulations studies Decrease serum K	Blocks pain impulse in CNS, antipyretic result from vasodilatation of peripheral vessels, inhibit platelets aggregation. Treat TIA, Post MI, Stroke, angina	Increase PT, PTT. Reye's syndrome (encephalopathy and fatty liver), GI bleed, tinnitus, liver <b>toxicity</b> (dark urine, clay stool, itching, yellowing sclera and skin), visual changes	Take with full glass of water, milk for food to prevent stomach upset Do not crush enteric coated, given 30 min prior to or 2 hrs after meals. <b>Therapeutic in 2</b> <b>weeks</b> , do not give children with flu-like symptoms or chickenpox symptoms (Reye syndrome)	Do not give children under 12 because of risk of Reye syndrome, children or teenagers with chicken pos or flu like symptoms, pregnancy in 3 <sup>rd</sup> trimester, and decrease effect of ASA with antacid, vit. K deficiency
Activated charcoal (Actidose-Aqua) Given 1gm/kg of body weight  Pre mixed with water 12.5-25 grams Charcoal does not change the stomach PH.	Treat poison and overdose following oral ingestion. It binds to poison and prevent its absorption by the GI tract and it eliminate in the feces. Charcoal must be administered within 60 minutes of ingestion. <b>Ipecac-induce</b> emesis of stomach pups is also used. Charcoal may be given <b>once</b> or twice depending on the level of toxic	Incorrect application say into the lungs, results in pulmonary aspiration which can be fatal	Binding is irreversible so cathartic such as <b>sorbitol</b> may be added as well. It interrupts enterohepatic circulation of some drugs/toxins and their metabolites. It allows certain drugs/toxins to be drawn out of the blood and bind to charcoal in the intestine a kind of " <b>gut dialysis"</b>	In ingestion substance that is acid an alkali or a petroleum product.  <b>Do not do gastric</b> <b>lavage on pt who</b> <b>swallow caustic agent,</b> <b>convulsions are</b> <b>occurring, high</b> <b>viscosity petroleum</b> <b>products have been</b> <b>ingested, cardiac</b> <b>dysrhythmias are</b> <b>present, or there is</b> <b>emesis of blood</b> <b>Antidote supportive</b> <b>care and preventing</b> <b>aspiration are</b>

# Nln Rn Study Guide

**RD Boyd**



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web long term goal mary will reduce overall level frequency and intensity of anxiety so that daily functioning is not impaired

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web goals alleviate depressed mood and return to previous level of effective functioning recognize accept and cope with feelings of depression develop healthy cognitive patterns and beliefs about self and the world that lead to alleviation and help prevent the relapse of depression symptoms

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web oct 1 2017 treatment plan goals objectives always make objectives measurable e g 3 out of 5 100 learn 3 skills etc

unless they are measurable on their own as in abuse neglect goal explore and resolve issues relating to history of abuse

neglect victimization share details of the abuse neglect with therapist as able to

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as a second generation antidepressant selective serotonin reuptake inhibitors ssris serotonin norepinephrine reuptake

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web the goal of treatment for major depressive disorder is remission but many patients do not achieve complete remission

and few reach sustained remission ie recovery and make sustained remission more likely measurement based care tactics

include using assessment tools to measure medication adherence side effects depressive symptoms

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web a complete diagnosis of depression should address the following history of the present illness and current symptoms

psychiatric history including symptoms of mania current and past treatments including duration and dosages and re

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tools have been established for stratifying subgroups or predicting outcomes this

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web patient will effectively manage their depression patient will decrease their depression by 50 measurable time limited

goals patient will score 20 or below on the beck depression inventory for 5 consecutive sessions target date 10 1 2014

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web jan 13 2023 treatment goals the building blocks of the plan which should be specific realistic customized for the client and measurable objectives goals are the larger more broad outcomes the therapist and client are working for while multiple objectives make up each goal they are small achievable steps that make up a goal

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web our aim in this brief report was to identify common treatment goals of individuals seeking outpatient treatment for depression we examined the treatment goals set by patients who were participating in behaviorally oriented psychotherapy for depression 25 26 patients with mdd most often articulated goals related to improving family or other

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